**2020 RBH Seasonal Reports (please note that this was a COVID19 affected year)**

Treloar Shield #6, Homebush,

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2. Drew Fryer, Men 5000m 14:51.36

3. Richard Newell, Men 1500m 3:54.47

4. Lora Roff, Women 400m 56.71

5. Fu Tsai, Men 100m Hurdles 84 cm 15.14 (-0.8 m/s)

5. Kurt Fryer, Men 5000m 15:14.40

8. Oliver Byrne, Men 5000m 20:28.43

13. Alex Talbot, Men 1500m 4:13.67

14. Rory Wylie, Men 1500m 4:15.68

21. Cameron Mee, Men 1500m 4:23.80

22. Nicolas Rodgers, Men 1500m 4:23.85

26. Morgan Leo, Men 1500m 4:28.15

33. Dominic McGrath, Men 1500m 4:34.50

34. George Perkins, Men 1500m 4:36.13

36. Brodie Elbourne, Men 1500m 4:37.11

40. Zac Tyrrell, Men 1500m 4:49.93

44. Lachlan Grant, Men 400m 55.35

45. Nicolas Rodgers, Men 400m 55.37

45. Hugo Morgan, Men 1500m 5:00.57

46. Alexander Burke, Men 1500m 5:07.57

54. Rory Wylie, Men 400m 57.81

60. James Tirado, Men 400m 58.87

Club Championships, Homebush,

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3. Stefan Music, Men 800m 1:58.81

8. Piper Simpson, Women 800m 2:27.56

Allcomers and Albie Thomas Mile, Bankstown,

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- 1. Brody Elbourne, Men 2000m Steepl 6:46.26

- 2. Max Russell, Men 2000m Steepl 6:46.53

- 3. Lora Roff, Women 800m 2:07.30

- 6. Hannah Parker, Open Women 3000m Walk 17:22.88

- 10. Stefan Music, Men 1 mile 4:18.67

- 1/B Drew Fryer, Men 1 mile 4:16.98

- 2/B Richard Newell, Men 1 mile 4:17.08

- 1/B Davina Smith, Women 1 mile 5:16.73

- 3/B Eleanor Miller, Women 1 mile 5:18.35

- 3/C Alex Talbot, Men 800m 2:01.30

- 4/C Bailey Habler, Men 800m 2:02.60

- 5/C Cameron Mee, Men 800m 2:02.67

- 3/C James Tirado, Men 400m 59.41

- 1/D Nicolas Rodgers, Men 800m 2:04.27

- 2/D Rory Wylie, Men 800m 2:04.32

- 6/D Ben Thomas, Men 800m 2:11.26

- 9/D Dominic McGrath, Men 800m 2:12.49

- 5/E Hugo Morgan, Men 800m 2:31.09

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- NSW 10000m Race Walking Championships, Mingara, 11 Jan

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- 2. Nicholas Kollias, Men High Jump 2.00m

- 3. Hannah Parker, U20 girls 10000m Walk 56:23.33

- Illawarra Track Challenge, Wollongong, 11 Jan

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- 1. Max Russell, 1mile U16 Boys 4:52.01

- 2. Stefan Music, 1 mile Open Men 4:21.48

- 4. Lora Storey, 400m Open Women 56.41

- 4. Bailey Habler, 3000m Open Men 8:45.04

- 6. Davina Smith, 1mile Open Women 5:01.41

- 16. Ben Thomas, 3000m Open Men 9:24.04

- 3/H1 Evan Vukovic, 60m Open Men 7.80 (0.0 m/s)

- 50. Evan Vukovic, 100m Open Men 12.27 (-0.3 m/s)

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- NSW 5000m Championships, Homebush, 25 Jan

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- 15. Drew Fryer, 5000m Open 15:16.53

- 13/D Steve Johnson, 5000m Open 17:07.72

- 10/R1 James Dawes, 5000m Open 18:54.37

- 22/R1 Oliver Byrne, 5000m Open 21:20.25

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- ACT Championships, Canberra, 24-26 Jan

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- 1. Steven Solomon, Open Men 400m 45.65

- 1. Milly Boughton, U16 Girls 3000m Walk 15:03.55

- 1. Hannah Parker, U20 Girls 5000m Walk 26:48.28 (PB)

- 1. Rory Wiley, U18 Boys 1500m 4:21.62

- 2. Rory Wiley, U18 Boys 800m 2:00.74 (PB)

- 3. Alex Talbot, U20 Boys 800m 1:56.52 (PB)

- 4. Stefan Music, Open Men 1500m 3:48.45 (PB)

- 4. Alex Talbot, U20 Boys 1500m 4:06.16 (PB)

- 4. Lora Roff, Open Women 800m 2:07.96

- 5. Richard Newell, Open Men 1500m 3:49.78 (PB)

- 10. Lora Roff, Open Women 400m 56.47

- 14. Bailey Habler, Open Men 1500m 4:04.13 (PB)

- 20. Cameron Mee, Open Men 800m 2:01.37

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- Treloar Shield, Homebush, 1st Feb

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- 1. Kirstie Beattie, Women 3000m Steeple Open 12:24.35

- 3. Richard Newell, Men 800m Open 1:53.50

- 4. Alex Talbot, Men 800m Open 1:57.85

- 5. Davina Smith, Women 1500m Open 4:46.09

- 15. Ben Thomas, Men 1500m Open 4:17.05

- 17. Rory Wylie, Men 1500m Open 4:17.63

- 26. Nicholas Rodgers, Men 1500m Open 4:24.06

- 34. Dominic McGrath, Men 1500m Open 4:31.85

- 39. Max Russell, Men 1500m Open 4:34.33

- 41. Jack Davis, Men 1500m Open 4:37.66

- 50. Zachary Tyrrell,, Men 1500m Open 4:46.99

- 51. Sam Davis, Men 1500m Open 4:54.77

- 55. Rory Wylie, Men 400m Open 56.90

- 68. James Tirado, Men 400m Open 58.69

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- Jandakot Track Classic, Perth, 1st Feb

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- 5. Lora Storey, Women 800m Open 2:09.02

- RBH only club to provide lap scorers at State 5km.

Allcomers, 15 Feb, Illawong

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1. Nicholas Kollias High Jump 2.03m

1. Ricardo Zanapalis Triple Jump 11.61m (w +1.9 m/s)

3. Richard Newell 800m 1:53.93

4. Davina Smith 800m 2:16.71

15. Piper Simpson 800m 2:26.31

17. Drew Fryer 800m 1:58.61

23. Bailey Habler 800m 1:59.84

27. Oliver Nicolle 800m 2:01.16

28. Cameron Mee 800m 2:01.42

29. Nicolas Rodgers 800m 2:01.96

51. Jack Davis 800m 2:12.21

63. Dominic McGrath 800m 2:19.27

64. James Tirado - T13 800m 2:19.45

70. Sam Davis 800m 2:24.79

79. Hugo Morgan 800m 2:32.75

NSW Junior Championships, 21-23 February, Homebush

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1. Anthony Vlatko U20 Men 800m 1:52.28

1. Bailey Habler U17 B 3000m 8:46.68

1. Hannah Parker U20 G 5000m Walk 25:54.18

1. Milly Boughton U15 G 3000m Walk 14:38.49

1. Nicholas Kollias U20 B High Jump 2.00m

1. Sophie Ferenczi U17 G 3000m 10:28.81

1. James Tirado - T13 U20 B 1500m 4:47.90 93.45%

1. James Tirado - T13 U20 B 800m 2:15.23 94.52%

2. James Tirado - T13 U20 B 400m 57.59 91.04%

2. Kirsty Beattie U20 G 3000m St 12:07.65

3. Oliver Nicolle U17 B 800m 1:58.17

3. Drew Fryer U20 B 1500m 3:56.42

3. Max Russell U16 B 2000m St 6:31.70

3. Oliver Neate U15 B 800m 2:11.81

3. Gabriela Guerrera U16 B Triple Jump 11.09m (w -0.2 m/s)

4. Allegra McGivern U16 G 2000m St 8:01.69

4. Max Russell U16 B 3000m 9:26.45

4. Bailey Habler U17 B 1500m 4:08.93

4. Nicolas Rodgers U16 B 800m 2:02.63

5. Eleanor Miller U18 G 3000m 10:30.38

5. Laura Roderick U18 G 1500m 4:44.30

5. Rory Wylie U17 B 1500m 4:12.72

5. Ricardo Zanapalis U15 B Long Jump 5.50m (w -0.8 m/s)

6. Piper Simpson U14 G 1500m 4:58.96

7. Ruby Fry U15 G 3000m 10:50.70

7. Max Russell U16 B 1500m 4:28.31

7. Evan Vukovic U15 B 200m 24.42 (+0.1 m/s)

7. Sam Davis U15 B 800m 2:19.81

8. Ben Thomas U17 B 1500m 4:14.31

8. Evan Vukovic U15 B 400m 57.32

9. Alexander Burke U15 B 3000m 10:49.22

9. Hugo Morgan U15 B 1500m 4:56.63

9. Rory Wylie U17 B 800m 2:08.10

9. Piper Simpson U14 G 800m 2:27.53

10. Milly Boughton U15 G 1500m 5:07.95

10. Ben Thomas U17 B 3000m 9:20.90

12. Ruby Fry U14 G 1500m 5:10.94

12. Brody Elbourne U17 B 2000m St 6:53.59

12. Jack Davis U17 B 800m 2:11.20

12. Zachary Tyrrell U16 B 800m 2:11.75

13. Leo Morgan U17 B 3000m 9:44.99

13. Brody Elbourne U17 B 1500m 4:30.69

13. Hugo Morgan U15 B 800m 2:30.60

14. Leo Morgan U17 B 1500m 4:31.44

18. Oliver Byrne U17 B 2000m St 7:56.72

19. Julian Wylie U14 B 800m 2:26.69

20. Oliver Byrne U17 B 1500m 4:49.67

6/H1 Rebecca Touma U18 G 100m 13.29 (-0.3 m/s)

8/H2 Barnabas Ronto U15 B 100m 13.42 (-0.4 m/s)

10/H1 Fu Tsai U17 B 100m 13.22 (-1.0 m/s)

- Fu Tsai U17 110m H DQ -0.9 WA 22.6

- Oliver Byrne U18 B 5000m Walk DQ WA 54.7.3

International Continental Tour, 24 Feb, Auckland

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5. Lora Roff 800m 2:08.51

9. Stefan Music 1500m 3:48.86

Allcomers, 29th February, Homebush

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1. Milly Boughton 3000m Walk 14:55.30

1. Max Russell 3000m 9:25.27

2. Allegra McGivern 2000m Steeple 7:26.50

4. Nicolas Kollias High Jump 1.99m

6. Davina Smith 1500m 4:44.40

6. Brody Elbourne 2000m Steeple 6:52.53

6. Leo Morgan 3000m 9:37.04

9. Eleanor Miller 1500m 4:52.27

9. Bailey Habler 1500m 4:00.50

16. Kirstie Beatie 1500m 5:10.99

23. Cameron Mea 1500m 4:13.62

36. Rory Wylie 1500m 4:24.87

43. Dominic McGrath 1500m 4:42.48

51. Hugo Morgan 1500m 4:58.65

64. Neate, Oliver 400m 59.34

NSW Open Championships, 6-8 March, Homebush

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1. Anthony Vlatko 800m 1:51.29

3. Richard Newell 1500m 3:50.83

4. Hannah Parker 5000m Walk 25:43.91

4. Rasul Ysmatov Long Jump 7.17m (+2.7 m/s)

5. Stefan Music 1500m 3:53.48

5. Nicholas Kollias High Jump 2.03m

10. Davina Smith 1500m 4:45.17

2/S2 Anthony Vlatko 800m 1:52.27

2/H4 Anthony Vlatko 800m 1:55.67

3/H1 Richard Newell 1500m 3:54.91

4/H1 Stefan Music 1500m 3:55.06

6/H2 Davina Smith 1500m 4:50.66

7/H2 Laura Roderick 800m 2:17.93

9/H2 Drew Fryer 1500m 4:04.04

DQ Milly Boughton 5000m Walk WA 54.7.5

Victorian Milers, 12 March, Melbourne

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2. Anthony Vlatko 800m 1:51.06

NSW Short Cross Country, Dapto 19 July 2020: 14 medals in total.

U11 boys 2k, 6th as a team

16. Josh Capaan 8:01

18. Thomas Altundag 8:04

19. Frederick Jones 8:24

U11 girls 2k. 2nd as a team

3. Piper Sweeny 8:03

4. Tara Williams 8:09

6. Sophia Rout 8:11

U13 girls 2k, 3rd as a team

3. Piper Simpson 7:07

10. Matilda Emanuel 7:40

14. Laura Janes 7:48

19. Nancy Newton 7:57

21. Lily Cooney 8:10

U14 boys 2k, 2nd as a team

17. Julian Wylie 6:51

18. Kade Zavetsanos 6:52

20. Callum Forato 6:55

22. Matthew Radvin 6:57

27. Alexander Burke 7:27

U14 girls 2k, 3rd as a team

15. Ruby Fry 7:27

22. Emma Janes 7:37

38. Evie Bayot 8:24

U15 boys 3k

2. Oliver Neate 9:56

U16 boys 3k, 1st as a team

11. Billy Zavetsanos 9:55

15. George Perkins 10:08

19. Max Russell 10:17

26. Harry Smith 11:04

U16 girls 3k

11. Allegra McGivern 11:28

U17 boys 4k

5. Oliver Freeman 12:54

14. Rory Wylie 13:39

16. Brody Elbourne 13:41

U17 girls 3k

4. Sophie Frenczi 10:58

5. Natasha Ward 11:05

U18 girls 3k, U17 & U18 1st as a team

3. Eleanor Miller 10:52

4. Laura Roderick 10:54

U20 Men 4k

10. Drew Fryer 12:29

Open Women 5k

20. Laura Roff 19:24

21. Davina Smith 19:30

32. Kelsey Walton 23:26

Open Men 5k

44. Jamie Hogg 17:56

45. Cameron Mee 17:58

45+ Men 5k

3. James Dawes 18:43

55-59 Men 4k

2. Manu Sivaraj 15:11

3. Peter Spehr 15:46

6. Patrick O’Reilly 16:39

NSW Long Walks, Gough Whitlam Park 25 July 2020

U16 girls 5k walk

1. Milly Boughton 25:17

NSW Short Walks, Homebush 15 Aug 2020

U15 girls 3k walk

1. Milly Boughton 15:04

4. Jayda Stanley 17:27

U12 girls 1.5k walk

 - Kiara Stanley DQ (WA TR 54.7.1)

NSW CC Championships, Dapto 10-11 Oct 2020

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1. Piper Simpson, U13 women 3k 10:56

1. Bailey Habler, U17 men 6k 19:23

1. Drew Fryer, U20 men 8k 25:53

1. Oliver Neate, U15 men 4k 13:00

1. Peter Spehr, 55-59 men 8k 33:04

2. Eleanor Miller, U18 women 4k 14:23

3. Patrick O'Reilly, 55-59 men 8k 35:16

4. Sophie Ferenczi, U17 women 4k 15:15

4. Laura Roderick, U18 women 4k 14:40

4. Jim Dawes, 45+ men 10k 39:35

5. Piper Sweeny, U11 women 2k 8:00

5. Max Russell, U16 men 4k 13:15

6. Sophia Rout, U11 women 2k 8:06

6. Roberto Spina, 45+ men 10k 44:19

6. Piers Galvin, U12 men 3k 11:27

7. Ruby Fry, U14 women 3k 11:10

7. Allegra McGivern, U16 women 4k 15:05

7. Lachlan Stanfield, U17 men 6k 20:56

8. Siena Novak, U11 women 2k 8:10

8. Amelia Stynes, U20 women 6k 30:21

8. Hugo Morgan, U15 men 4k 14:17

8. Kurt Fryer, U30 men 10k 34:14

9. Paris Tier, U18 women 4k 19:05

9. Brody Elbourne, U17 men 6k 21:36

10. Gerber Koster, 30-34 men 10k 36:26

11. Tara Williams, U11 women 2k 8:23

11. Matthew Radvin, U14 men 3k 10:44

11. George Verco, U15 men 4k 14:49

12. Matilda Emanuel, U13 women 3k 12:14

13. Matilda Cole, U14 women 3k 11:35

13. Max Davoren, U11 men 2k 7:48

14. Anna Colquhoun, U12 women 3k 12:25

14. Huon Groves, U14men 3k 10:56

15. Thomas Altundag, U11 men 2k 8:04

17. Ellie Bliss, U13 women 3k 12:56

17. Josh Capaan, U11 men 2k 8:16

18. Zara Trantalis, U15 women 4k 16:45

18. Emma Janes, U14 women 3k 12:00

18. Nancy Newton, U13 women 3k 13:05

18. Frederick Jones, U11 men 2k 8:39

19. Indiana Cole, U12 women 3k 12:53

20. Julian Wylie, U14 men 3k 11:21

24. Riya Singh, U12 women 3k 13:40

32. Evie Bayot, U14 women 3k 13:20

DNF Kate Rowe, 50+ women 6k -

Nepean Interclub, Blacktown 17 Oct 2020

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1. Stefan Music, 3000m 8:31.96

14. Brody Elbourne, 3000m 9:35.61

17. Patrick Xia, 3000m 9:39.51

23. Isabel Nystrom, 100m 12.73 (0.0 m/s)

47. Eliette Millecamps, 100m 13.73 (-1.1 m/s)

48. Eliette Millecamps, 200m 29.44 (-1.3 m/s)

Bankstown Interclub, 24 Oct

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1. Laura Roderick, 800m 2:14.73

1. Natasha Ward, 1500m 4:45.0

1. Gabriella Guerrera, TJ 11.06m (0.0 m/s)

1. Alegra McGivern, 2000m St 7:19.08 (Club U16 Girls Record)

1. Bailey Habler, 1500m 3:55.99

1. Leo Morgan, 1500m 4:20.37

2. Rebecca Touma, TJ 10.99m (NWI)

2. Max Russell, 2000m St 6:31.38

2. Rory Wylie, 800m 2:03.10

4. Billy Zavetsanos, 1500m 4:23.81

4. Oliver Neate, 800m 2:05.08

5. Richard Newell, 1500m 3:59.27

7. Adam Booth,1500m 4:26.03

8. Lora Roff, 1500m 4:42.58

8. Joseph Touma, TJ 11.64 (0.4 m/s)

8. Brody Elbourne, 1500m 4:29.67

9. Eva Gawel, 1500m 5:30.27

10. Nancy Newton, 1500m 5:30.40

10. Hugo Morgan, 1500m 4:39.41

13. Julian Wylie, 1500m 4:48.16

13. Dominic McGrath, 800m 2:10.94

14. Kade Zavetsanos, 1500m 4:48.50

16. Zac Tyrrell, 800m 2:12.04

19. Eva Gawel, 800m 2:42.64

19. Manu Sivaraj, 1500m 5:10.14

NSW State 10000m, 24 Oct

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13. Drew Fryer, 10000m 30:39.58

23. Kurt Fryer, 10000m 31:42.61

5/B Sean Bowes, 10000m 34:07.71

Sutherland Interclub, 31 Oct

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1. Lora Roff, 400m 56.58

1. Milly Boughton, 3000m W 14:02.8

4/H5 Barnabas Ronto, 100m 13.14 (w -1.6 m/s)

2. Natasha Ward, 1500m 4:51.18

5. Piper Simpson, 1500m 4:54.82

12. Matilda Emanuel, 1500m 5:13.80

20. Nancy Newton, 1500m 5:34.00

Sydney Athletics Academy race 4, Narrabeen 31 Oct

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1. Zac Facioni, 5000m 13:40.4

6. Cameron Mee, 1500m 4:26.3

3 Bridges Run, 1 Nov

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35. Patrick O'Reilly, marathon 3:28:31

In lieu of there being no NSW team competing at nationals due to COVID19, ANSW have recognised those that would have qualified on a merit list. Thirty of our members made this merit list – more than any other club.