**2019 RBH Seasonal Reports**

16th February, Illawong All-Comers, Barden Ridge

1. Charlotte McGill Long jump, 5.75 (nwi)

1. Richard Newell 800m, 1:57.07

1. Nicholas Kollias High Jump, 2.02m

3. Daniel Jennings F35 Shot Put, 11.67m

5. Stephen Sanday 800m, 1:59.18

1/H2 Joshua Grant 800m, 2:01.57

1/H3 Cameron Mee 800m, 2:02.60

2/H2 Alex Talbot 800m, 2:02.70

2/B Max Russell 3000m, 10:01.02

3/B Leonardo Morgan 3000m, 10:14.37

1/H4 Luca Wilson 800m, 2:11.35

6/H2 Charlotte McGill 100m, 12.80 (w -0.2 m/s)

7/A Banjo Studholme 3000m, 9:34.42

8/A Jeremy Roff 3000m, 9:34.81

8/H1 Emily Hsu 800m, 2:29.75

11/A Rory Wylie 3000m, 9:43.99

3/H6 Hugo Morgan 800m, 2:30.56

4/H6 Jeremy Roff 800m, 2:30.76

2/H8 Riley Crawford 100m, 12.10 (w + 2.4 m/s)

10th February, ACT Champs, Canberra

8. Charlotte McGill TJ 11.63m (w +1.8 m/s)

7th February, Milrose Games, New York

2. Morgan McDonald 3000m 7:42:76

8-10th February, NSW Masters Champs, Homebush

1. Lisa Wolski (30-34 yo) 100m, 12.80 (w 0.9 m/s)

1. Lisa Wolski (30-34 yo) 60m, 8.20 (w -0.1 m/s)

1. James Roff (30-34 yo) 400m, 52.06

3rd February, Bankstown Allcomers, The Crest

1. Nicholas Kollias High Jump 2.00m

1. Patrick Xia 2000m steeple (91.4 cm) 6:47.89

1. Max Russell 2000m steeple (76.2cm) 7:10.58

7. Banjo Studholme 1500m, 4:25.94

8. Kirstie Beattie 2000m steeple (76.2cm) 8:05.31

10. Rory Wylie 1500m, 4:36.92

14. Leonardo Morgan 1500m, 4:52.93

15. James Tirado 1500m, 5:01.07

17. Sam Davis 1500m, 5:15.85

18. Hugo Morgan 1500m, 5:35.52

2nd February, Bankstown Allcomers, The Crest

4. Hannah Parker 3000m Walk, 17:01.32

6. Davina Smith 800m, 2:16.70

8. Richard Newell 800m, 1:58.63

9. Joshua Grant 800m, 1:59.26

38. Max Russell 800m, 2:20.72

2nd February, NSW 5000m Champs, The Crest

5/C Drew Fryer 5000m, 15:19.14

10/D Eric Holmstrom 5000m, 16:28.90

11/A Sam Byrne 5000m, 14:44.70

25th January, Hunter Track Classic, Glendale

4th/U15 Evan Vukovic 100m, 13.23

7. Max Russell 1 mile, 5:13.77

10. Stefan Music 1500m, 3:51.30

13. Davina Smith 1500m, 4:43.69

19th January, Treloar Shield #7, Homebush

1. Milly Boughton 3000m Walk, 15:18.51

2. Drew Fryer 3000m, 8:52.31

3. Hannah Parker 5000m Walk, 29:25.52

4. Joshua Grant 1500m, 4:05.34

4. Davina Smith 1500m, 4:43.04

4. Nicholas Kollias High Jump, 1>95

7. Lora Storey 400m, 57.80

11. Elizabeth French 1500m, 4:52.17

11. Banjo Studholme 3000m, 9:46.45

12. Jeremy Roff 3000m, 9:46.68

12. Jayda Stanley 3000m Walk, 16:42.59

14. Rhys Shariff 1500m, 4:30.93

16. Brittany Austin 100m, 13.17 (w -1.5 m/s)

16. Cameron Mee 800m, 2:04.94

16. Rory Wylie 3000m, 10:07.78

17. Emily Hsu 800m, 2:28.48

17. Max Russell 1500m, 4:42.91

20. Julian Wylie 3000m, 11:45.37

24. Rory Wylie 800m, 2:14.22

31. James Tirado 400m, 60.76

32. James Tirado T13 800m, 2:21.39

35. Lisa Wolski 100m 13.49 (w -3.5 m/s)

56. Riley Crawford 100m, 12.58 (w -1.4 m/s)

64. Emily Hsu 200m, 30.45 (-3.7)

64. Riley Crawford 200m, 26.54 (w -4.0 m/s)

12th January, Illawarra Track Classic, Wollongong

1/H4 Riley Crowford 100m, 12.32 (w +2.3)

2/H2 Riley Crowford 60m, 7.66 (w +2.0)

2/H4 James Tirado 400m, 59.38

7/H2 Max Russell 3000m, 10:09.95

6. Davina Smith 1 mile, 5:16.77

2/H2 Sam Byrne 1 mile, 4:12.16

22nd January, Albie Thomas, Bankstown

1/B Stefan Music 1 mile, 4:14.89

4/C Rory Wylie 800m, 2:12.56

5/B Emily Hsu 800m, 2:31.60

13/D Brody Elbourne 1 mile, 5:06.88

14/D Max Russell 1 mile, 5:09.66

14/A Davina Smith 1 mile, 5:08.80

22nd January, Allcomers, Bankstown

1. Paris Tier 2000m steeple (76.2 cm), 7:22.03 - Club U16G Record

2. Kirsty Beattie 2000m steeple (76.2 cm), 7:25.40

8/H4 Xavier Zuccon 100m, 12.46 (w -4.1 m/s)

1/H6 Riley Crawford 100m, 12.55 (w -2.4 m/s)

2/H6 Riley Crawford 200m, 25.39 (w -1.1 m/s)

1st December, Treloar Shield, Homebush

3. Hannah Parker 3000m Walk, 16:11.13

4. Davina Smith 1500m, 4:45.02

5. Lauren McKillop 1500m, 4:45.54

9. Joshua Grant 1500m, 4:17.98

10. Sean Bowes 5000m, 15:58.48

16. Kurt Kress 1500m, 4:31.51

19. Emily Hsu 1500m, 5:15.93

19. Luca Wilson 1500m, 4:32.85

21. Banjo Studholme 1500m, 4:33.73

30. Rory Wylie 1500m, 4:39.48

38. Max Russell 1500m, 4:46.28

42. James Tirado 400m, 60.43

43. Leonardo Morgan 1500m, 4:53.49

48. Hugo Morgan 1500m, 5:27.25

24-25th November, NSW State Relay Championships, Homebush

1. U18G 4 x 1500m, 19:37.24

2. Open M 4 x 1500m, 16:40.25

2. U16B A team 4 x 1500m, 18:04.87

3. U16B A team 4 x 800m, 8:42.85

4. U14B 4 x 1500m, 22:26.29

4. U16B B team 4 x 1500m, 19:00.07

4. M 200+ 4 x 1500m, 22:19.24

5. U14G 4 x 1500m, 22:18.41

6. U16B B team 4 x 800m, 9:20.48

8. U16B C team 4 x 1500m, 20:53.15

Bankstown Allcomers, Bankstown, 16th March

1. Charlotte McGill, LJ 5.97m (NWI)

2/H2 Charlotte McGill, 60m 8.10 (NWI)

1. Kirsty Beattie, 2000m Steeple (76.2cm) 7:16.40

2. Max Russell, 2000m Steeple (76.2cm) 7:08.82

 Bankstown Invitational, Bankstown, 16th March

1. Lora Storey, 800m 2:09.42

4/C Jack Davis, 800m 2:15.00

5/C Leonardo Morgan, 800m 2:22.11

3/B Cameron Mee, 800m 2:01.92

7/B Alex Talbot, 800m 2:03.88

4/B Emily Hsu, 800m 2:24.20

5/B Rory Wylie, 1500m 4:21.48

8/B Banjo Studholme, 1500m 4:28.23

10/B Hugo Morgan, 1500m 5:06.38

6/A Stephen Sanday, 800m 1:55.85

9/A Drew Fryer, 1500m 4:00.74

NSW Open Championships, Homebush, 8th March

7/H4 Lisa Wolski, 100m 12.64 w (+3.2)

10/H1 Emily Hsu, 800m 2:26.10

1/H2 Lora Storey, 800m 2:11.83

4/H1 Richard Newell, 800m 1:56.28

3/H3 Stephen Sanday, 800m 2:01.59

4/H3 Cameron Mee, 800m 2:03.14

2. James Tirado, 800m T/F13 4:53.21

8/H1 Eleanor Miller, 1500m 4:48.05

9/H1 Elizabeth French, 1500m 5:02.772

8/H2 Kirstie Beattie, 1500m 4:57.94

3/H2 Sam Byrne, 1500m 3:59.84

4. Nicholas Kollias, HJ 2.00m

NCCA Div 1 Championships, Birmingham AL, 8th March 1. Morgan McDonald, 5000mi 13:41.76

NSW Open Championships, Homebush, 9th March

4/H2 James Roff, 400mH 55.48

8. Milly Boughton, 5000m Walk 27:23.66

11. Hannah Parker, 5000m Walk 28:19.54

13. Jayda Stanley, 5000m Walk 29:01.46

2. James Tirado, 400m Para-Amb 58.61

6/H1 Stephen Sanday, 800m 1:56.88

7/H2 Richard Newell, 800m 1:54.94

5. Sam Byrne, 1500m 3:56.77

3. Lora Storey, 800m 2:06.30

NCCA Div 1 Championships, Birmingham AL, 9th March 1. Morgan McDonald, 3000mi 7:52.85

NSW Open Championships, Homebush, 10th March

1. James Tirado, 800m T/F13 2:16.57

6. Charlotte McGill, LJ 5.75m (w +0.5)

6. James Roff, 400mH 55.09

Allcomers, Campbelltown, 2nd March

1. Charlotte McGill, TJ 11.79m (w +0.3)

1. Milly Boughton, 3000m Walk 14:37.30

5/H1 Charlotte McGill, 100m 12.39 (w +5.0)

4. Emily Hsu, 1500m 5:08.24

9. Alija Kajan, 5000m 21:12

NSW Junior Championships, Homebush, 22 - 24 February

1. Charlotte McGill, LJ U18 5.80m (w +1.5)

1. Charlotte McGill, TJ U18 12.00m (w +1.3)

1. James Tirado, 1500m U20 Para 4:55.85

1. James Tirado, 800m U20 Para 2:17.37

1. Milly Boughton, 3000m Walk U14 15:53.84

1. Kirstie Beattie, 2000m steeple U18 7:28.63

2. Joseph Touma, TJ U14 10.63m (w +3.9)

2. James Tirado, 400m U20 Para 59.19

2. Paris Tier, 2000m steeple U17 7:28.35

3. Nicholas Kollias, HJ U20 2.00m

3. Hannah Parker, 5000m Walk U18 27:56.29

4/H1 Joseph Touma, 400m U14 64.24

5/H1 Aden Goodridge, 400m U15 61.39

6/H2 Rebecca Touma, 400m 62.27

5. Luca Wilson, 1500m U16 4:22.97

5. Rhys Shariff, 1500m U17 4:30.35

4. Max Russell, 3000m U15 9:53.21

5. Patrick Xia, 2000m steeple U18 7:07.14

5. Evan Vukovic, 200m U14 25.94 (w -1.3)

6. Evan Vukovic, 100m U14 12.73 (w +1.0)

6. Joseph Touma, 400m U14 65.04

7. Benjamin Thomas, 1500m U16 4:25.20

8. Rory Wylie, 3000m U16 9:27.87

8. Alex Talbot, 800m U18 2:03.04

8. Hugo Morgan, 1500m U14 5:25.26

10. Benjo Studholme, 1500m U16 4:27.40

12. Leonardo Morgan, 3000m U16 9:55.40

15. Leonardo Morgan, 1500m U16 4:45.66

6. Rhys Shariff, 3000m U17 9:36.80

1. Drew Fryer, 3000m U20 8:41.90

3. Eric Holmstrom, 3000m U20 9:20.16

3/H1 Evan Vukovic, 100m 12.63 (w +1.8 m/s)

5/H3 Riley Crawford, 100m U16 11.95 (w 2.0)

4/H2 Charlotte McGill, 100m U18 12.69 (w +3.0)

2/H1 Evan Vukovic, 200m U14 25.87 (w -0.6)

3/H3 Riley Crawford, 200m U16 25.03 (w -1.2)

6/H1 Milly Boughton, 800m U14 2:45.07

5/H1 Hugo Morgan, 800m U14 2:36.93

6/H2 Luca Wilson, 800m U16 2:09.09

7/H2 Rory Wylie, 800m U16 2:10.70

Big Ten Championships, Ann Arbour, 23rd February 1. Morgan McDonald, 5000mi 13:37.85

Allcomers, Sydney Olympic Park, 23 March

1. Drew Fryer, 3000m Open Men, 8:46.81

2. Jeremy Roff, 3000m Open Men, 8:47.59

6. Charlotte McGill, Triple Jump Open Women, 11.94m (+0.5 m/s)

7/H1 Kirsty Beattie, 1500m Open Women, 4:49.26

12. Benjamin Thomas, 3000m Open Men, 9:39.69

16. Benjo Studholme, 3000m Open Men, 9:44.94

2/H2 Emily Hsu, 1500m Open Women, 5:03.03

4/H5 Evan Vukovic, 200m Open Men, 25.77 (+0.6 m/s)

7/H2 Leonardo Morgan, 1500m Open Men, 4:42.94

8/H6 Evan Vukovic, 100m Open Men, 12.97 (-1.1 m/s)

13/H2 Max Russell, 1500m Open Men, 5:13.81

15/H2 Hugo Morgan, 1500m Open Men, 5:22.21

15/H1 Luca Wilson, 1500m Open Men, 4:28.17

18/H1 Rory Wylie, 1500m Open Men, 4:44.45

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Australian National Open/Junior Championships, Sydney, 1 Apr - 7 Apr

1. Steven Solomon, 400m Open Men, 45.99

1. Milly Boughton, 3000m Walk U14 girls, 14:26.12

1. Charlotte McGill, Long Jump U18 girls, 5.89m (-0.7 m/s)

3. Charlotte McGill, Triple Jump U18 girls, 12.30m (+0.8 m/s)

3. James Tirado, 1500m Para U20, 4:55.04

4. James Tirado, 800m U20 boys Para T13, 2:17.80

5. Joseph Touma, Triple Jump, U14 boys, 10.62m (-0.8 m/s)

7. Jayda Stanley, 3000m Walk U14 girls, 16:02.32

7. Evan Vukovic, 400m U14 boys, 59.00

7. Kirsty Beattie, 2000m Steeple U18 girls, 7:31.15

7. James Tirado, 1500m Ambulant Open Men, 4:48.07

8. Max Russell, 2000m Steeple U15 boys, 6:57.67

9. Paris Tier, 2000m Steeple U17 girls, 7:43.92

9. Olivia Thomson, 3000m Walk U16 girls, 17:50.60

9. James Tirado, 800m Ambulant Open Men, 2:18.52

9. Nicholas Kollias, High Jump U20 boys, 2.04m

10. Hannah Parker, 5000m Walk U18 girls, 29:38.07

12. Drew Fryer, 5000m U20 boys, 15:10.61

17. Lachlan Stanfield, 3000m U16 boys, 9:17.30

17. Rory Wylie, 1500m U16 boys, 4:33.72

17. Patrick Xia, 2000m Steeple U18 boys, 6:52.98

25. Rory Wylie, 3000m U16 boys, 9:51.37

2/H3 Steve Solomon, 400m Open Men, 47.68

4/H1 Evan Vukovic, 400m U14 boys, 58.11

5/H3 Lora Storey, 800m Open Women, 2:07.91

6/H3 James Roff, 400m hurdles Open Men, 54.99

6/H1 Evan Vukovic, 200m U14 boys, 25.92 (-2.8 m/s)

7/H1 Evan Vukovic, 100m U14 boys, 12.70 (+1.4 m/s)

12/H3 Stephen Sanday, 800m Open Men, 2:00.22

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St George Classic, 13 April, Scarborough Park, Ramsgate

3k

17. Alexander Burke 11:49

28. Evan Vukovic 12:26

4k

17. Max Russell 14:20

21. Brody Elbourne 14:30

39. Oliver Byrne 15:34

43. Gabriella Ibrahim 15:46

50. Emily Hsu 15:58

60. Paris Tier 16:31

7k Open

8. Rhys Shariff 26:38

7k Novice

2. Eleanor Miller 26:42

10k Open

24. Alija Kajan 42:20

James Tirado and Charlotte McGill selected for Oceania Championships, Townsville, late June.

Sydney 10, Homebush, 4 May 2019

10k

• 34. Drew Fryer 32:20

• 239. James Dawes 38:51

• 349. Patrick O'Reilly 42:15

5k male

• 7. Lachlan Stanfield 16:19

• 27. Brody Elbourne 17:36

• 63. Oliver Byrne 19:58

• 67. Alexander Burke 20:16

• 72. James Tirado 20:53

5k female

• 7. Eleanor Miller 18:07

• 10. Davina Smith 18:20

• 21. Piper Simpson 18:48

• 23. Laura Roderick 18:53

• 24. Gabriella Ibrahim 18:57

• 32. Sophie Ferenczi 19:23

• 35. Zara Trantalis 19:45

• 40. Emily Hsu 20:02

• 44. Paris Tier 20:35

• 50. Allegra Mcgivern 20:50

Team Walks, Chipping Norton, 19th May 2019

• U13 & U14 Girls 3k

• 1. Milly Boughton 15:38

• 2. Jayda Stanley 16:28

• 5. Rudi Blackley 18:48

• Team Scores:

• 1. Randwick Botany Harriers 7 points

NSW XC Relays, Miranda Park, 25 May 2019

• 2. U12 Girls, 4x2k, 37:15

• 2. U14 Girls, 4x2k, 32:04

• 3. U16 Boys, 4x3k, 43:23

• 4. U14 Boys 'A', 4x2k, 31:29

• 4. U18 Girls 'A', 4x3k, 47:17

• 5. Open Male, 4x4k, 53:46

• 6. 40+ Male, 4x4k, 1:09:18

• 8. U14 Boys 'B', 4x2k, 32:53

• 11. U18 Girls 'B', 4x3k, 51:45

• 14. U14 Boys 'B', 4x3k, 50:53

Individual Runs

• Maisie Wilmer, U18 girls 3k, 13:34

• Isobel Davies, U18 girls 3k, 13:57

• Davina Smith, Open Women 4k, 16:26



Treloar Shield 19th Oct

8. Piper Simpson, 1500m, 5:00.77

37. Alexander Burke, 1500m, 5:18.17

43. James Tirado, 400m, 60.99

Treloar Shield 26 Oct, Campbelltown

38. Fu Tsai, 60m, 7.79 (w-0.6 m/s)

57. Julien Wylie, 200m , 33.42 (w -3.3 m/s)

DQ Milly Boughton, 5000m Walk

Treloar Shield 2 Nov, Blacktown

6. Kirstie Beattie, 2000m steepl, 7:51.54

NSW Half Marathon Champs, 25 Aug, Homebush

201. Patrick O'Reilly 1:32:40

NSW Allschools, Homebush, 26-29 Sep

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1. Milly Boughton, 13y Girls 3000m walk, 14:44.23

1. Eleanor Miller, 16y Girls 3000m, 10:15.47

2. Jayda Stanley, 13y Girls 3000m walk, 15:37.18

2. Kirstie Beattie, 17y Girls 2000m Steepl, 8:00.49

3. Eleanor Miller, 16y Girls 1500m, 4:41.27

3. Sophie Ferenczi, 15y Girls 3000m, 10:41.15

4. Oliver Byrne, 19y Boys 5000m, 19:02.63

4. Lachlan Stanfield, 15y Boys 3000m, 9:25.55

4. Hannah Parker, 17y Girls, 5000m walk, 28:46.39

4. Paris Tier, 16y Girls, 2000m Steepl, 8:05.81

5. Alex Talbot, 17y Boys 1500m, 4:7.99

5. Alex Talbot, 17y Boys 800m, 1:58.98

6. Rory Wylie, 15y Boys 1500m, 4:18.14

6. Laura Roderick, 16y Girls 800m, 2:19.17

7. Hannah Parker, 17y Girls 800m, 2:33.47

8. Leonardo Morgan, 15y Boys 3000m, 9:47.02

11. Max Russell, 14y Boys 3000m, 9:45.33

16. Rhys Shariff, 16y Boys 3000m, 10:25.33

19. Zara Trantalis, 14y Girls 3000m, 11:49.97

9/H2 Brody Elbourne, 15y Boys, 800m 2:13.63

Charlotte McGill, 17y Girls Long Jump, ?

World Athletics Championships, Doha, 27 Sep - 6 Oct

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Morgan McDonald, 5000m heat1, 8th, 13:26.80

Steven Solomon 400m heat2, 4th, 45.82

Steven Solomon 400m semifinal 2, 8th, 45.54

Steven Solomon, 4 x 400, 1st leg 45.4 split

Doha: Steve Solomon team captain.