**2014 RBH Seasonal Reports**

At Australian Allschools in Townsville, Molly Blakey broke following club records:

U18 Girls 200m 24.12

U20 Girls 200m 24.12

U18 Girls 400m 54.39 (also World Junior Qualifier)

Zatopek Harry Summers 3rd in the 10km in  28.16 , Dejan DNF. Jack Stapleton came 6th in junior 3k

Hunter Classic

Molly Blakley 3rd in 400 in 54.86

Morgan Mcdonald 8th in 3k in 8.20.2

Dejan Gabreslessie 13 in 8.39.2

Briggs in Hobart

Jack Stapleton 9th in 1500 in 3.49.6

Harri Summers 8th in 5000 in 14.09.4

Morgan Macdonald 10th in 14.15.7

James Roff 3rd in 400 m Hurdles 53.3

ACT Championship

Josh Johnson 2nd in 800 in 1.54.1

NSW Juniors

Molly Blakey  won 400 Under 18 in 54.79

Molly Blakey 2nd in 200 in 24.25

Morgan McDonald 1st in 1500 in under 20 in 3.58

Amy Harding-Delooze won 800 under 18 in 2.14.

Lily Harding-Delooze 4th

Amy was 2nd in 1500 in 4.35

Georgia Evans was 3rd in 800

Tim Spehr 3rd in 5 Km

Ben Moreau Fukuoka marathon in 2hours 15.42. This is a Commonwealth Games qualifier depending on other results.

Lachlan Little winning NSW U20 long jump in 7.44m. This is his official PB and just off the World Junior qualifier of 7.55m. So wait and see club's U20 record (7.53) going down soon.

***NSW Open Championships***  
 *Medals*  
400m Women – Bronze – Molly Blakey (54.76)  
400H Men – Bronze – James Roff (52.28)  
*Athletes with disabilities*  
Tamsim Colley (12yrs old); 1st 800m, 1st 400m.  
Daniel Jennings (U19 Men); 1st Javilin, 2nd 100m, 2nd 200m

*World Junior Qualifiers (times)*Molly Blakey, 400m, 54.76  
Jack Stapleton, 1500m 3:44:46 (\*U20 club record?)  
Victoria Mitchell, 3000m Steeple Chase, 9:46:98 (\*club record, Commonwealth Games B qualifier)  
Morgan Mcdonald, 5000m, 14:07:11 (U20 club record)

***Other notable results***Lachlan Little, Long Jump, 7.49cm (close to club record, close to world junior qualifier)

Harry Summers, Japan Marathon, 2:21:33 (debut Marathon)  
Selma Kajan, 800m Adelaide, 2:06:4 (4th)  
Selma Kajan, 800m Vic Champs, 2:04:2 (4th)  
David Byrne **WON** six foot track ultra.

**Australian Open Championships**

Victoria Mitchell – gold – steeplechase

Selma Kajan – silver – 800m

**Melbourne Grand Prix**

Victoria Mitchell – gold – 9.56.24 – (Commonwealth games B qualifier)

**Novice Championships**

Morgan Mcdonald – gold

Matt Hudson – silver

**Australian Juniors**

Molly Blakey – gold – 400m 53.88 (world junior qualifier)

Amy Harding Delooze – gold – 800m 2.09.60 & 1500m 4.25.50 (meet record)

Georgia Evans – bronze – 800m – 2:13.87

Sydney 10. Harry Summers won, Ben Moreau fourth and Jeff Hunt was sixth.

Club Records:

Jack Stapleton, U20 male mile 4:01:29, 10th July Burnaby (CAN)

Selma Kajan, Open female 1500m 4:13:16, 20th July Lapinlahti (FIN)

World Juniors:

Jack Stapleton, 1500m heat 7th 3:49.67

Morgan McDonald 5000m, 10th 14:10

Commonwealth Games:

Harry Summers, 10000m men 18th 29:00:56

Victoria Mitchell, 3000m steeple women 9th 9:49:05

Ben Moreau, marathon 14th 2:16:50

Road Relays, 5 teams, 3 gold, 1 silver

U18 Girls, 4x2km Gold

Open Men, 4x4km Gold

35+Men, 4x4km Gold

U20Men, 4x4km, Silver

City To Surf

Men

4th Jeffrey Hunt 42.30

5th Dave Byrne 43.30

6th Matthew Hudson 43.50

15th Liam Ridings 44.54

Women

23rd Julianne Broberg 54.46.

Best performer at National Cross Country – Georgia Evans, 4th.

NSW All Schools:

1. Ellen Kriedemann 14G 2000m st. 7:45.23 – new club’s U16 girls record

1. Amy Harding-Delooze 17G 800m 2:12.19

1. Amy Harding-Delooze 16G 1500m 4:32.16

2. Kurt Fryer 16B 3000m 9:00.27

2. Lily Harding-Delooze 17G 800m 2:12.56

2. Georgia Evans 15G 1500m 4:43.48

3. Georgia Evans 15G 800m 2:14.69

4. Stefan Music 16B 800m 2:02.15

4. Stefan Music 16B 1500m 4:11.17

--------------------------------------------------------------------------

Treloar Shield – Round 1

2. Patrick Elliot 3000m 8:49.72

2. Daniel Hazan 3000m/U20 9:27.71

3. Lachlan Little 200m 22.24

4. Sam Strutt 3000m 9:07.28

-------------------------------------------------------------------------

Bernie 10k

5. Matthew Hudson 30:00

11. Harry Summers 33:27

--------------------------------------------------------------------------

Fernleigh 15

23. James Dawes 55:18

-------------------------------------------------------------------------

9k Bridge Run

1. Jeremy Roff 28:07

State 3km we placed 1st, 2nd, 4th, 6th, and 9th