**2010 RBH Seasonal Reports**

Jeff Hunt has broken the club marathon record by running a time of 2 hours and 11 minutes at the Beppi-Oita Invitational Marathon in Japan yesterday. This is both a club record and a NSW record and is also the fastest time run by an Australian at this distance for some 6 or 7 years.

Nathan Derriman broke the club record for the Under 16 2000 metre steeplechase at the recent All Schools event.

Jeremy Roff came second in the 1500 meter event in Melbourne in a time of 3.44.00. His brother James Roff ran 51.2 in the 400 meter hurdle. He is close to a B qualifier for the Commonwealth Games. Jeremy already has an A qualifier for the 1500 meter.

Jeremy Roff came 5th in the 800 meters State title.

James Roff won the State Title in the 400 meters hurdles.

Jeff Hunt won the award for the ANSW Male Distance Athlete of the year

Highlights: Novice- Frank Torok, a 17 year old, recorded a time of 32.55. Frank won the bronze medal in his age group. Paul Feain recorded a time of 54.31. Dana Surka ran 14.13 in the 5 K race that same day and came 3rd in the novice.

Warren Williams, Manu Sivaraj, Glen Derriman to be given a plaque for their 2009 Road Relay 45 + state record of 54 minutes 50 seconds.

Stephen Solomon ran at the junior World pre meet in Vancouver 47.03 for the 400 meters and sub 46 in the relay 2nd split

Jeff Hunt won the Gold Coast half in 63.18.

Samantha King won 800 and 1500 under 12s. Sam Gottlieb and Tim Spehr were 2nd and 3rd in the 1500 in their age group. Steven Solomon won the 400 for 17 years.

Jeff Hunt won the 5000 metres Oceania Championship in 14.40 and Jeremy Roff won the 800 and 1500 in the same title. James Roff won the 400 hurdles. Selma Kajan won the 800 in the Australian University Games.

Jeremy Roff came 6th in the 1500 m final at the Commonwealth Games. Jeff Hunt ran 15th in the Marathon in 2.25
Club under 16 long jump record was broken by Lachlan Little with a leap of 6.49 metres.

Four records:

46.44 club record set by Steven Solomon in the 400 meters and won the gold medal in the National All Schools.

Nathan Derriman in the 2000 steeple in 6.13.76 and in dping so won the National Schools title in the Under 18

Lachlan Little won the triple jump in 14.06 breaking under 16 club. Won the National All Schools Under 16. Came 2nd in the long with a club record of 6.67. Jim to order plaques for the AGM.

Courtney Carter ran 29.38 at the Zatopek meeting.

Tara Holt has performed well in the sprints.

Selma Kajan ran 4.36 in the 1500 at Zatopek.

Josh Davis ran 1.57 for 800 as an under 17