**2017 RBH Seasonal Reports**

Victorian Milers 19 January, Melbourne

2. Eddie Vining, 1500m 3:42.45 PB

8. Zac Facioni, 1500m 3:51.51

Bankstown Allcomers 21 January, Bankstown

1. Abigail Regan, 1500m 4:18.06

4. Stefan Music, 1500m 3:59.07

2. Anthony Rizzo, Pole Vault 3.30m

3. Daniel Jennings, SP 5kg 9.61

Hunter Track Classic 28 January, Glendale

1. Lora Storey, 800m 2:03.62

4. Gary Howard, 1000m 2:37.01

3/B Abigail Regan, 800m 2:05.36 PB

5/B Amy Harding-Delooze, 800m 2:07.64

5. Eddie Vining 1500m 3:43.82

Australian World Cross Country Selection Trials, 29 January Canberra

3. Georgia Evans, 6k juniors 22:08

5. Lexie Gilmour, 10k 36:41

6. Zac Facioni, 8k juniors 26:26

12. Kurt Fryer, 8k juniors 27:57

NSW Junior Championships, 3-5 Feb Sydney

1. Bailey Habler, U14 boys 800m 2:15.66

1. Amy Harding-Delooze, 800m 2:12.64

2. Anthony Vlatko, U17 boys 1500m 4:09.04

2. Anthony Vlatko, U17 boys 800m 1:56.44

2. Charlotte McGill, U16 girls LJ 5.20m

3. Olivia Thomson, U14 girls 3k walk, 16:27.71

3. Alex Talbot, U16 boys 3000m 9:40.92

4. Stefan Music, U20 boys 1500m 4:00.16

4. Rebecca Tuoma, U15 girls 400m 60.29

4. Drew Fryer, U17 boys 3000m 9:02.30 (3rd 9:02.13)

4. Samantha Kiss, U18 girls HJ 1.60m

4. Tulia Votano, U20 girls 100mH (84cm) 16.45

5. Drew Fryer, U20 boys 1500m 4:01.03

5. Mia Economou, U17 girls 100mH (76.2cm) 17.08

6. Rory Wylie, U14 boys 1500m 4:40.54

6. Stefan Music, U20 boys 800m 2:02.14

6. Drew Fryer, U17 boys 1500m 4:17.53

8. Mia Economou, U17 girls 100m 13.09 (w -0.1m)

8. Declan Stupak-Horgan, U20 boys 200m 22.75

10. Charles McGrath, U17 boys 1500m 4:26.06

12. Patrick Xia, U16 boys 1500m 4:40.48

14. Alex Talbot, U16 boys 1500m 4:54.71

Sydney Invitational Open, 4 Feb Sydney

3. Abigail Regan, 1500m 4:16.89 PB

4. Eddie Vining 1500m 3:43.56

8. Amy Harding-Delooze, 1500m 4:23.20

9. Georgia Evans, 1500 4:27.77 PB

Armory Track Classic, 4 Feb USA

2. Morgan McDonald, 3000m indoors 7:51.19

Matt Hudson and Lora Storey NSW Champions.

11 Feb All-comers, Homebush

1. Charlotte McGill, Long Jump

5.21m -0.2

12. Charlotte McGill, 200m

26.86 0.8

1. Lora Storey, 400m

53.71

16. Declan Stupak-Horgan, 400m

53.34

21. Gary Howard, 400m

55.34

3. Anna Fitzgerald, 1500m

4:49.08

5. Matthew Hudson, 1500m

3:55.87

21. Michael Hazan, 1500m

4:18.47

32. Rory Wylie, 1500m

4:47.88

18 Feb All-comers and State 5000m, Homebush

2. Mia Economou, 100mH (76.2cm)

16.38

1.0

8. Lachlan Little, 60m

7.29 -0.5

12. Lachlan Little, 100m

11.64 +0.0

2. Edward Vining, 800m

1:52.32

6. Anthony Vlatko, 800m

1:55.21

28. Charles McGrath, 800m

2:07.87

33. Alex Talbot, 800m

2:12.27

35. Bailey Habler, 800m

2:14.93

17/F Peter Spehr, 5000m

19:24.34

3/E Damien Simpson, 5000m

16:28.47

6/E Michael Hazan, 5000m

16:39.31

3/D Willian Keir, 5000m

15:44.32

6/D Ryan Beetson, 5000m

15:54.99

5/C Sam Byrne, 5000m

15:30.61

5/B Mark De Luca, 5000m

15:00.75

9/A Anna Fitzgerald, 5000m

17:44.02

1/A Matthew Hudson, 5000m

14:13.20

11/A Zac Facioni, 5000m

14:46.11

2. Daniel Jennings, SP 4kg

9.77m

2. Daniel Jennings, DT 1kg

20.31m

24-26 Feb, NSW Open, U23 and Para Champs, Homebush

1. Lora Storey, 800m

2:06.92

2. Daniel Jennings Tf35, SP

10.32m

3. Edward Vining, 800m

1:51.57

31. Charlotte McGill, 100m

13.18 -1.2

39. Rachel MacCulloch, 100m 13.46 -2.3

4. Lora Storey, 400m

54.51

5. Abigail Regan, 800m

2:09.29

5. Georgia Evans, 1500m

4:27.23

10. Charlotte McGill, Long Jump

5.25m 0.9

9. Charlotte McGill, Triple Jump

11.30m 1.2

33. James Roff, 400m

51.38

34. Declan Stupak-Horgan, 400m

51.50

12. Anthony Vlatko, 800m

1:56.51

23. Stefan Music, 800m 2:00.42

30. Michael Hazan, 800m

2:02.77

13. Stefan Music, 1500m

3:57.78

17. Matthew Hudson, 1500m

3:58.92

27. Sam Byrne, 1500m

4:05.00

45. Rory Wylie, 1500m

4:35.72

9. Zac Facioni, 1500m

4:00.08

5. Lachlan Little, Long Jump

7.19m 1.5 2nd NSW

6. Daniel Jennings Tf35, DT

20.79m

26 Feb, Orange Marathon

18. Patrick O'Reilly,

3.24.49

2 Mar, Melbourne University Meeting

8. Anna Fitzgerald, 5000m

17:40.8

8. Matthew Hudson, 5000m

14:36.1

4 - 5 Mar, NSW Masters, Homebush

1. Anna Fitzgerald, 5000m 35-39 18:03.72

3. Peter Spehr, 5000m 55-59

19:14.74

3. Graham Ryan, 100m 70-75

16.43 -2.5

1. Graham Ryan, Long Jump 70-75

2.88m 2.6

- National Track and Field Championships

- Steven Solomon win 400m, 46.66. His 5th title

- Lora Storey win 800m, 2:05.56

- Edward Vining 7th 1500m, 3:45:47

- Abigail Regan 8th 800m, 2:08:42

- World Cross country champs

- Georgia Evans 67th 6km jnr women

- Zac Facioni 66th 8km jnr men

- Lexy Gilmore 83rd 10km senior women

Novice 22 April, Scarborough Park, Ramsgate

7k Anna Fitzgerald, 4th, 25:48

10k Novice, Michael Hazan 16th, 35:22

10k Open, Gerald McPherson 9th, 34:12

Stanford Invitational, Palo Alto 5 May

400m Steve Solomon 1st, 46.13

800m Lora Storey 4th, 2:04.85

Sydney 10k road, 6th May

35 - 39 Women, Anna Fitzgerald 1st, 36:37

45 - 49 Men, Nic Cope 1st, 32:10

50 - 54 Men, Manu Sivaraj 2nd, 36:32

Open Women, Lauren McKillop 5th Overall (4th NSW), 35:27

Open Men, Matthew Hudson 2nd Overall (1st NSW), 30:13

2 July 2017 - Short Course

Bailey Habler 1st in under 14

Drew Fryer 1st under 17

Ben Revai 3rd in under 13

Georgia Evans 2nd and Lily Harding DeLooze 3rd

30 June 2017 - Steve Solomon ran three times quicker than his 45.19 in California (those runs were all in 2012 at the London Olympics).

1 July 2017 at Gold Coast Matt Hudson came second in 10k race clocking handy 29:49, the winner was only 1 sec ahead.

17 June 2017 Nowra:

George Verco bronze state cross

Bailey Habler 1st in under 14

Manu Sivaraj gold in over 50's

Courtney Carter bronze in open men's

Nick Cope 1st over 45s

12 June 2017 - Club record - Portland, US Morgan McDonald proudly wearing RBH singlet in his tremendous 5k today, his time 13:23.28 is 64.2 sec each lap! Also at the same meet Eddie Vining ran very good 1500m, he clocked 3:42.67 which is only 0.22 sec short of his lifetime best.

27 May 2017 - Gold medal for our Open Men team at NSW Athletics CC Relays. Silver for Open Women and U18 Boys, bronze for 35+ team.

19 May 2017 - US Races –Lora Storey at OxyHP. Third place in race 3 with 2:02.48.

Morgan McDonald-Club 5000m record (US event, 23 July)-13.15-83

3 IAAF World Championships qualifiers: Morgan McDonald, Lora Storey, Steve Solomon.

19 Members selected for National Cross Country Championships.

IAAF World Championships, London, 4 - 13 August

7th/H2 Steven Solomon, 400m 46.27

7th/H1 Morgan McDonald, 5000m 13:30.73

7th/H2 Lora Storey, 800m 2:07.17

KBC Night of Athletics, Heusden Zolder, Belgium, 22 July

Morgan McDonald, 5000m 13:15.83 - Club Record

City to Surf 14k, Sydney, 13 Aug

1. Harry Summers, 42:06

9. Lauren MacKillop, 51:50

Australian Cross Country Championships, Wollongong, 26 August

3. Zac Facioni, U20 boys, 8k

14. Stefan Music, U20 boys, 8k

(1st with NSW team)

13. Lauren MacKillop, Open Women, 10k

15. Anna Fitzgerald, Open Women, 10k

18. Katelyn Simpson, Open Women, 10k

(2nd with NSW team)

7. Sam Byrne, U23 Men, 10k

6. Lily Harding-Delooze, U20 Women, 6k

11. Georgia Evans, U20 Women, 6k

(1st with NSW team)

11. Drew Fryer, U18 boys, 6k

19. Eleanor Miller, U16 girls, 4k

41. Paris Tier, U16 girls, 4k

18. Sophie Ferenzi, U14 girls, 3k

Treloar Shield Round 1, 7 Oct 2017

5th/H1 James Roff, 200m 23.78 (-2.1 m/s)

1st/H4 Gregory Allen, 200m 24.56 (0.0 m/s)

7th/H1 James Roff, 400m 50.19

1st/U13 Rory Wylie, 1500m 4:27.76

1st/U18 Charles McGrath, 1500m 4:05.11

2nd/U18 Drew Fryer, 1500m 4:05.51

3rd/U18 Flynn Gordon, 1500m 4:23.89

1st/U20 Kurt Fryer, 1500m 4:05.00

3rd/U16 Hannah Parker, 3000m Walk 17:31.34

8th/H3 Siobhan Edwards, 100m 13.91 (-1.2 m/s)

6th/H6 Brianna Edwards, 100m 14.58 (-1.1 m/s)

2nd/H5 Jack Davies, 400m 63.24

4th/U13 Kurt Kress 1500m 4:44.63

8th/U13 Sam Davis 1500m 5:07.36

9th/U13 Brodie Elbourne 1500m 5:07.87

Blackmore Running Festival, 17 Sep 2017

Half Marathon

4. David Byrne 67:25

6. Keith MacPherson 67:31

7. Liam Ridings 68:28

10k Bridge Run

3. Matthew Hudson 31:32

5. Kurt Fryer 32:09

13. Sam Byrne 33:29

23. Gerald MacPherson 34:52

28. Gary Howard 35:33

4. Anna Fitzgerald 36:20

3k Family Run

3. Lachlan Stanfield 11:23

5. Brodie Elbourne 11:54

• Club Records to Anthony Vlatko (800m): With run of 1:57.37 on 12/11/2016 broke Randwick Botany Harriers U16 boys record (unfortunately overlooked at the time). Previous record was held by Joshua Johnson at 1:58.59.

• Charlotte McGill (Long Jump and Triple Jump): performance in Long Jump of 5.95m is Randwick Botany Harriers U16 Girls record, previous record was 5.63m. Also 12.22m in Triple Jump achieved in October is our club U16, U18, U20 and Open record.

Australian All-Schools, Adelaide 8 - 10 Dec 2017

1. Charlotte McGill, U16 Girls Long Jump 5.95m

2. Anthony Vlatko, U18 Boys 800m 1:52.46

3. Charlotte McGill, U16 Girls Triple Jump 11.73m

5. Rory Wylie, U14 Boys 1500m 4:25.45

NSW 5000m Championships, Homebush 2nd Dec 2017

A race

4. Matthew Hudson 14.17.88

4. Lauren McKillop 16.51.55

6. Samantha King 17:27.23

7. Anna Fitzgerald 17:32.72

12. Sam Byrne 14:52.45

16. Sean Bowes 15:52.91

B race

6. Mark De Luca 15:02.88

8. Kurt Fryer 15:26.87

C race

4. William Keir 15:54.20

E race

16. Alija Kajan 20:17.98

Club Championships, Homebush 2-3 Dec 2017

2. Abigail Regan 800m 2:06.86

8. Lily Harding-Delooze 2:17.28

2. Paris Tier U16G 3000m 10:38.68 (PB)

2. Sophie Freneczi U14G 3000m 10:53.44 (PB)

3. Mia Economou U18G 400m hurdles 72.19

2. Emily Hsu U20G 800m 2:35.04

2. Kurt Kress U14B 800m 2:12.97

3. Max Russell U14B 3000m 10:45.41

2. Charles McGrath U18B 800m 2:01.81 (PB)

6. Gordon Flynn U18B 800m 2:10.38

2. Fraser Garland-Barnes 800m 1:57.08

5. Stefan Music 800m 2:00.53

20. Rory Wylie 800m 2:13.28

2. Milly Boughton U14G 1500m Walk 8:19.62

2. Milly Boughton U14G 3000m Walk 17:15.30

2. Paris Tier U16G steeple 7:45.24

5. Hannah Parker U16G 3000m Walk 18:03.17

6. Mia Economou U18G 100m 13.04

6. Mia Economou U18G 100m Hurdles 15.32

3. Eleanour Miller 1500m 4:49.19

2. Patrick O'Reilly 50+ 1500m 5:27.88

5. Graham Ryan 55+ 200m 35.63

6. Graham Ryan 55+ Long Jump 2.68

6. Graham Ryan 55+ Discus 13.18

8. Graham Ryan 55+ Javelin 12.21

Treloar Shield 5 - Homebush 25 Nov 2017

8. Hannah Parker 3000m Walk 18:53.90

13. Charlotte McGill 100m 12.56 (w 1.1 m/s)

13. Emily Hsu 800m 2:33.94 (PB)

2. Lachlan Little Long Jump 6.98 (w -1.0 m/s)

7. Charlotte McGill Long Jump 5.42 (w 0.0 m/s)

NSW Milers Club - Bankstown 24 Nov 2017

4. Anthony Vlatko 800m 1:51.37 (PB)

5. Fraser Garland-Barnes 800m 1:51.49

6. Kurt Kress D race 1500m 4:41.71

7. Bailey Habler C race 1500m 4:22.83

9. Rory Wylie C race 1500m 4:26.09

11. James Constantine C race 1500m 4:36.62

1. Sam Byrne B race 1500m 3:53.65 (PB)

5. Stefan Music B race 1500m 3:57.29

13. Drew Fryer B race 1500m 4:02.49

14. Charles McGrath B race 1500m 4:04.15

15. Jason Huntsman B race 1500m 4:08.60

1. Abigail Regan 1500m 4:21.92

8. Lily Harding-Delooze 1500m 4:27.22

9. Amy Harding-Delooze 1500m 4:31.36

3. Ed Vining 1500m 3:45.20

7. Adrian Plummer 1500m 3:47.65

13. Zac Facioni 1500m 3:58.39

Allcomers - Blacktown 18 Nov 2017

33. Patrick Xia 400m 55.99

Treloar Shield 4 - Homebush 11 Nov 2017

11. Charlotte McGill 100m 12.66 (w 3.0 m/s)

2. Charlotte McGill Long Jump 5.06 (w -0.7 m/s)

28. James Roff 100m 11.78 (w 0.2 m/s)

1. Lily Harding-Delooze 800m 2:11.14

18. James Roff 200m 23.50 (w -0.7 m/s)

2. Lachlan Little Long Jump 6.74

NSW 3000m Championships, Homebush 11 Nov 2017

3. Adrian Plummer 8:04.51

4. Ed Vining 8:06.14

6. Zac Facioni 8:09.23

10. Matthew Hudson 8:16.47

10. Lauren McKillop 9:27.02 (PB)

15. Amy Harding-Delooze 9:33.11

B race

6. Sam Byrne 8:25.82

7. Stefan Music 8:27.63

11. Anna Fitzgerald 10:19.04

C race

1. Mark De Luca 8:35.53

3. Sean Bowes 8:38.81

11. Paris Tier 10:44.89

D race

4. Jason Huntsman 8:58.90

9. Charles McGrath 9:02.46

13. Drew Fryer 9:08.36

G race

2. Bailey Habler 9:19.24

10. Rory Wylie 9:34.53

J race

9. Julian Wylie 11.36.23

10. Alija Kajan 11:40.56