**2016 RBH Seasonal Reports**

Hunter Track Classic
2. Selma Kajan, 800m, 2:02.90 (fastest season opener)
3. Lora Storey, 800m, 2:03.22 (PB)
3. Molly Blakey, 400m, 54.36  WJQ
7. Lily Harding-Delooze, 800m, 2:09.17 (+2 sec off WJQ)
8. Amy Harding-Delooze, 1500m, 4:20.25 WJQ
14. Jeremy Roff, 3000m, 8:10.79 (5 sec faster than State 3k)
15. Zac Facioni, 3000m, 8:14.58 (< 1sec off PB)

NSW Junior Championships
1. Charlotte Mcgill, U15G Long Jump, 5.17m
1. Charlotte Mcgill, U15G Triple Jump, 10.96m
1. Hannah Parker, U15G 3000m Walk, 16:43.90
3. Samantha Kiss, U17G High Jump, 1.65m
3. Nikita Spalvins, U18G 3000m, 11:13.76
2. Molly Blakey, U20G 200m, 24.94
2. Molly Blakey, U20G 400m, 55.77
1. Lily Harding-Delooze, U20G 800m, 2:08.25 (+1.1 sec off WJQ)
2. Amy Harding-Delooze, U20G 800m, 2:09.30
1. Amy Harding-Delooze, U20G 1500m, 4:20.51 WJQ
3. Alex Talbot, U15B 1500m, 4:31.14
3. Alex Talbot, U15B 3000m, 9:53.15
2. Nicholas Kollias, U16B High Jump, 1.75m
1. Zac Facioni, U20B 1500m, 3:53.19
1. Daniel Jennings, U20B Para 100m, 15.56

ACT Championships
3. Lora Storey, 400m hurdles, 58.48 (PB & Club Record)
6. Lora Storey, 400m, 54.57 (PB)
4. James Roff, 400m hurdles, 54.69
5. Jeremy Roff, 1500m, 3:47.26

Melbourne World Challenge 5/03/20126

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2. Lora Storey, 400m hurdles, 57.70

5. Katelyn Simpson, 1500m, 4:17.66

6. Joshua Wright, 1500m, 3:41.23 SB

10. Jeremy Roff, 1500m, 3:44.34 SB

NSW Open Championships 26-28/02/2016

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1.Katelyn Simpson, 1500m, 4:17.36 SB

1. Lora Storey, 400m hurdles, 57.44 Club Record

2. Amy Harding-Delooze, 800m, 2:07.44 SB

2. Jeremy Roff, 1500m, 3:47.05

2. Ben Moreau, 10000m, 29:57.25 SB

4. Jeff Hunt, 10000m, 30:35.45 SB

4. James Roff, 400m hurdles, 53.09 SB

4. Lily Harding-Delooze, 800m, 2:08.04 PB

1. Daniel Jennings, SP Para, 9.85m

Adelaide Track Classic, 20/02/2016

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3. Lora Storey, 800m, 2:04.09

Selma Kajan, 800m, DNF

Briggs Track Classic, Hobart 13/02/2016

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1.Selma Kajan, 800m, 2:04.95

NSW 5000m Championships 13/02/2016

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1.Matthew Hudson 14:21.83

3. Jeffrey Hunt 14:26.04

Queensland Track Classic 19 March 2016

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1. Selma Kajan, W800, 2:05.31

Sydney Track Classic 19 March 2016

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5. Joshua Wright, M1500, 3:42.68

7. Katelyn Simpson, W1500, 4:14.49

10. Amy Harding-Delooze, W1500, 4:16.18 (Club U20 record)

13. Lily Harding-Delooze, W1500, 4:24.56

15. Jeremy Roff, M1500, 3:51.05

2016 Australian Open Championships, Sydney 31 March - 3 April 2016

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1. Steven Solomon, M400, 45.50, 0.1 sec of OQ

2. Selma Kajan, W800, 2:04.65

4. Lora Storey, W800, 2:05.11

5. Kate Spencer, W5000, 16:15.86

6. Katelyn Simpson, W1500, 4:16.29

8. Amy Harding-Delooze, W1500, 4:20.90

11. Jeremy Roff, M1500, 3:44.36

12. Matthew Hudson, M5000, 14:16.38

12. Joshua Wright, M1500, 3:44.68

- the following athletes didn't progress to final

Lily Harding-Delooze, W800, 2:07.59

Zac Facioni, M1500, 3:57.87

James Roff, M400H, 53.30​

ACT High Noon, 16th Apr 2016

1st. Steven Solomon, M400, 45.98

1st. Joshua Wright, M1500, 3:43.49

5th. Jeremy Roff, M1500, 3:50.73

Payton Jordan Invitational (USA), 1st May 2016

10th. Katelyn Simpson, W1500, 4:22.79

10th. Joshua Wright, M1500, 3:46.15

1st/H2 Lora Storey, W800, 2.01.67, PB

3rd/H3 Kate Spencer, W5000, 15:59.73

3rd/H2 Morgan McDonald, M5000, 13:34.78

Jeff Hunt: Marathon 2.16.09-Hamburg Marathon, 17 April. Currently appealing AA decision in the hope of Olympics qualification.

NSW Novice:

+ Anna Fitzgerald 1st

+ Mark De Luca 3rd; team gold Daniel and Michael Hazan, Jim Dawes.

World Junior Championships

Molly Blakey, 400m 55.49, 7th/H5, Bydgoszcz 19 July 2016

Amy Harding-Delooze, 1500m 4:25.38 11th/H2, Bydgoszcz 22 July 2016

**Other Internationals Results:**

Steven Solomon, 400m 45.22, 4th, Madrid (Spain) 23 June 2016

Steven Solomon, 400m 46.22, 2nd, Murcia (Spain) 26 June 2016

Steven Solomon, 400m 45.91, 1st, Nottwil (Switzerland) 2 July 2016

Steven Solomon, 400m 46.26, 2nd, Kortrijk (Belgium) 9 July 2016

Steven Solomon, 400m 45.61, 2nd, Oordegem (Belgium) 11 July 2016

Steven Solomon, 400m 46.16, 2nd, London (Great Britain) 23 July 2016

Lora Storey, 800m 2:02.62, 2nd , Portland (USA) 23 June 2016

Lora Storey, 800m 2:03.49, 1st , Gold Coast (Aus) 10 July 2016

Selma Kajan, 800m 2:01.27, 4th , Barcelona (Spain) 30 June 2016 (Olympic Qualifier!)

Selma Kajan, 800m 2:03.12, 4th , Lignano (Italy) 13 July 2016

Selma Kajan, 800m 2:04.76, 7th , Padova (Italy) 17 July 2016

**Domestic Results:**

Nowra Long Course Cross Country

Gold in Open Men’s and Women’s with Harry Summers and Kate Spencer

Road Relays, 5 teams entered and 3 individual runners

2 Gold (Open Men – 11th consecutive title, 35+ Men)

Harry Summers fastest Open Men

2 Silver (Open Women, U20 Men)

7th Open B team

NSW Short Course Cross Country

Same as the long course, gold in Open Men’s and Women’s with Harry Summers and Kate Spencer!

Open Men – 2nd as a team

1.Harry Summers

6.Courtney Carter

9.Jeff Hunt

22. Sam Byrne

Open Women – 1st as a team (four in top five!)

1.Kate Spencer

2.Lexy Gilmour

3.Lauren McKillop

5.Audrey Amiya-Hall

45+ Men - 1st as a team

1. Nic Cope

3. Manu Silvaraj

6. Jim Dawes

10. Patrick O'Reilly

 U16 Men

1.Drew Fryer

U18 Women

2. Georgia Evans

U18 Men

1.Zac Facioni

U20 Men

3.Kurt Fryer

40-44 Women

3. Heidi Hunt

45-49 Men

1. Nic Cope

50-54 Men

1. Manu Silvaraj

2. Patrick O'Reilly

Kate Spencer 5000m 15.28 New Club Record

City to Surf, 11 August 2016:

Men:

Harry Summers, 1st

Matthew Hudson, 4th

Liam Ridings, 20th

Women:

Lexy Gilmour, 8th

Anna Fitzgerald, 24th

Adelaide Marathon 14 August

Women:

Julianne Broberg, 1st

Games of the XXXI Olympiad, Rio de Janeiro, 17 August 2016

800m Women: Selma Kajan 2:05.20, 7th/H3, Overall Placing 54th/65

Australian Cross Country Championships, Canberra, 20 August 2016

U14 Girls, 3k: Jade Cameron, 50th

U16 Boys, 4k: Drew Fryer, 25th

U18 Girls, 4k: Georgia Evans, 8th

U18 Boys, 6k: Zac Facioni, 1st

U20 Girls, 6k: Emily Hopper, 9th

U20 Boys, 8k: Kurt Fryer, 17th

Open Women, 8k: Kate Spencer 3rd, Katelyn Simpson 6th, Lexy Gilmour 12th

Katelyn Simpson broke 1500m Open RBH record: 4:11.82

Blackmores Half Marathon: Adi Torda, 1st place in age group, 1.30-46

2016 Winter Premiership

Open Men 2nd, Women 3rd, U/20 Women 2nd.

NSW Allschools 13 – 16 October

1.Charlotte McGill, 14 y Girls Long Jump 5.51m (+2.2m/s)

9. Charlotte Mcgill, 14 y Girls 100m 12.87 (1.8m/s)

1.Georgia Evans, 17y Girls 800m 2:17.80

3. Georgia Evans, 17y Girls 1500m 4:44.95

7. Ryan Beetson, 17y Boys 1500m 4:20.02

4. Alex Talbot, 14y Boys 1500m 4:28.02

Melbourne Marathon 16 October:

19. Liam Ridings 2:36:27

Melbourne Half Marathon 16 October:

4. Ben Moreau 1:08:05

Fernleigh 15k 23 October

80. Patrick O’Reilly 1:04:16

100. James Dawes 1:06:51

Noosa Bolt 5k 29 October

6. Katelyn Simpson 16:50

World Masters Championships, Perth 26 October – 6 November

1. Anna Fitzgerald, W35 5000m 18:06.09

1. Anna Fitzgerald, W35 10000m 37:45.45

2. Gary Howard, M40 800m 2:01.40 (Gary Howard has broken 2 mins for 800m this season)

3-6 Dec 2016, Australian Allschools, Canberra

3. Georgia Evans, U18 girls 1500m 4:31.88

8. Georgia Evans, U18 girls 800m 2:13.82

8 Dec 2016, Zatopek, Melbourne

5. Zac Facioni, U20 boys 3000m 8:35.68