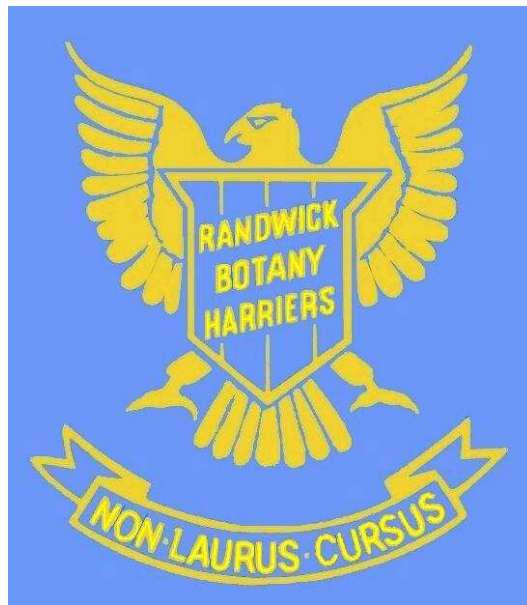


RANDWICK-BOTANY HARRIERS inc.



22nd ANNUAL REPORT AND FINANCIAL STATEMENT

**FOR THE YEAR ENDING
31st MARCH 2009**

SEASON 2008-2009

CLUB MOTTO

"Non laurus cursus"
[Not the laurel but the race]

<http://www.rbharriers.com>

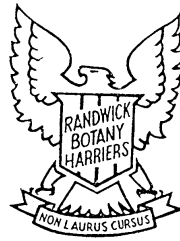


RANDWICK - BOTANY HARRIERS inc.

Founded in 1959 by the amalgamation of Randwick-Kensington A.A.C.
and the Botany Harriers [Est. 1907].

Merged with Randwick-Botany Women's A.A.C. in 1983

Incorporated as Randwick-Botany Harriers Inc, 1987



Affiliated with Athletics New South Wales

Life Members

R F Tuck	1915*	C D Hensley AM	1940*	Miss T Bell	1978
J P Grinton	1918*	R Fazakerley	1946*	Mrs D Smith	1980
R Coombes	1919*	A G Hayes	1946*	Mrs J Norman	1982
C G Weyman	1921*	E F Magee	1947*	G Ryan	1983
A S Baldick	1921*	E J Winter	1948*	RJ Crawford OAM	1984
J Siddins	1922*	A A Hensley	1953*	K Morris	1993
W F Siddins	1922*	T S London	1953*	H Liu	1993*
J J Walshe	1922*	D Dickings	1954	J Russell	1994
J Chegwyn	1924*	J Howlin	1955*	K Goldman	1994
R C Corish	1926*	C Devitt	1957*	Mrs D Haar	1995*
W Cartwright	1928*	W Dunn	1964	M Little	1995
H H Hayden	1935*	G C Marshall	1965*	N Ellison	1996
G Hunt	1937*	R E Cartwright	1971	M Rabbitt	1997
C D Spicer	1938*	L H Irwin	1975	P Sandstrom	1997
C D Patterson	1938*	A Southwood	1977*	Mrs A Saville	2000
H C Parker	1939*	P Arthur	1978	H Stanley	2000

*deceased

Honorary Members

A Lawrence, L Irwin, A Atkins, M Atkins, P Bell, T Endicott

R Wallace, R Saville, L Schaefer, B Burrridge, R Newens, J Plummer.



OFFICE BEARERS 2008/2009

President

J Dawes

Vice President

M Considine

Patrons

Cr R Hoenig
Cr B Notley- Smith
M Daley MLA

General Secretary

G Spehr/P Feain

General Treasurer

P Sandstrom

Registrar

G Griffin

Track Coordinator

-

Winter Coordinator

M Patterson

Degates to Athletics NSW

R Crawford I Curotta K Owens
(Alt. – J Dwyer J Dawes)

Male Captain

J Hunt

Female Captain

H Cayzer

Purchasing & Equipment

I Curotta, R Crawford, M Rabbitt

Auditor

R Cartwright

Honorary Solicitor

T Olabinri

Coaching Coordinator

S Williams

Publicity Committee

M Rabbitt, A Kajan
Mrs A Saville

History & Statistics

K Goldman, A Kajan

Medical Team

Dr Broderick, M Kelly
G McDarra, Dr G Hazan

Web Master

A Kajan

Uniform Officer

I Curotta, M Considine

Race Recorder & Handicapper

M Rabbitt

Winter Race Registrar

N Ellison

The Committee of Management

R Crawford,
P Sandstrom,
M Rabbitt,

K Owens,
A Kajan,
I Curotta,
J Dwyer,

G Spehr,
J Dawes,
M Considine,
P Spehr

Committee of Management meetings are usually held on the 2nd Monday of each month and all members are welcome to attend as observers.



PRESIDENT'S REPORT



My first year as President was an eventful one. Club highlights included:

- Providing equipment for at least 30 school athletics carnivals
 - Winning 15 medals at the State Long Course Cross Country Championships in Nowra
 - Winning the Open Men's and Women's State Road Relay Championships in Wollongong
-
- Fielding 23 teams at the State Track Relay Championships in Blacktown
 - Harry Summers and Josh Johnson competing at the World Junior Cross Country Championships in Jordan
 - Hosting the inaugural Yarra Bay Fun Run

The committee identified only 2 areas that needed attention:

1. Our overall position in the Club Premiership (currently outside the top ten)
2. A decrease in participation at our winter cross country runs

Position in the Club Premiership

One way to improve this is by increasing our membership, which we plan to do by:

- Raising our profile in the region through business cards and bumper stickers
- A speedy response to new member enquiries
- An affiliation with South Eastern Little Athletics Club
- Retain existing members through an increase in correspondence and social functions

Our goal is to win the Winter Premiership by 2015 and the Summer Premiership by 2020.

Participation at our winter cross country runs

We plan to increase club run participation through:

- Distributing promotional flyers in local sports stores and fun runs
- Better programming to avoid clashing with other major events
- A later start time to accommodate juniors that play school sports in the morning



Our goal is to have at least 50 competitors at our club events. This will also help increase our membership numbers as these events are a proven way to introduce new members to our club.

Overall, an awesome year for Randwick-Botany Harriers and we rightly remain a part of Athletics NSW's plans to have 8 affiliated metropolitan clubs in Sydney. Congratulations to all involved, and a special thankyou must go to my committee for their tireless efforts this year.

Secretary's Report



This year has been a difficult year for the role of Secretary.

Glenda Spehr continued on as secretary from last year but unfortunately due to unforeseen circumstances she had to give up the position. Her husband Peter carried on in the role for a while but he too moved on.

The club has been without a secretary for several months now and the role of minute secretary has been performed by Paul Feain and Marty Considine.

Randwick Botany Harriers again competed on the world stage in a number of events.

Jane Saville competed in her fourth Olympics in Beijing where she finished 20th in the 20Km walk. Jane won a bronze medal in the Athens Olympics and also had the honour of being the Captain of the Australian Women's Athletic team as well as the flag bearer for the opening ceremony. She is only the sixth person to compete in 4 Olympics for Australia. Jane retired recently and all of us at RBH wish her well in retirement and want her to know that we are proud that she was a member of our club and proud of her many fine achievements in the sport. She is one of the finest role models and sportswomen that Australia has produced.

Selma Kajan competed for Australia in the Commonwealth Youth Games held in India in October 2008. She won a bronze medal in the 4 x 400 meters relay.

A successful fund raising dinner was held at "South Sydney Juniors" in conjunction with St George Club for RBH runners Jeremy Roff, Josh Johnson and for Bridey Delaney from the St George club. Jeremy has been selected to run for Australia in the World Championships to be held in Berlin later this year, while Josh has been selected to represent Australia in the World Youth Games to be held in Italy.

Congratulations to both of these athletes and know that all at RBH will be watching your events and wishing you both every success.



Josh Johnson also competed for Australia in the World Junior Cross Country Championships where both he and Harry performed creditably. The experience will be very good for their future.

Also from RBH and representing Australia were Sean Williams who was the coach of the Australian Ekiden relay team for this event held in Japan.

Mohammad Alkhub (Mo) was the team manager for the Australian team for the World Cross in Jordan.

Congratulations to all of these athletes, coaches and officials. We know that you all performed to the best of your ability and that wherever you were in the world you were representing RBH as well as Australia.

The annual Botany Bolt was held at Mutch Park in mid June and this was won by Harry Summers who set a new course record for the 6 Km event. Harry also competed for Australia in the World Junior Cross Country championships held in Jordan in March.

Last year the secretary did much hard and frustrating work on designing and obtaining new uniforms. This year as a result of all of her hard work we were all decked out in our new uniforms and the problems concerning the supply of uniforms are now solved. Thanks Glenda.

Paul Feain



REGISTRAR'S REPORT



I took on the role of Registrar in August 2008 after suggesting to Martin Considine, Peter Spehr and Glenda Spehr that I would be happy to make a contribution to the club. While many would consider this to have been one of the silliest things I have ever said at a game of football (way up there with "I'm sure the Swans can come back in the second half..."), I have thoroughly enjoyed the opportunity to give back to the club after the support & camaraderie that all members of Randwick Botany have given me over the years.

Jim Dawes kindly nursed me through what was involved in the registration process and despite a couple of clunkers I got through the year without too many serious mistakes. Kate Harris from Athletics NSW has also been very helpful and patient over this time. I also think the process was made considerably smoother by ANSW allocating batches of competition numbers to clubs, rather than waiting for ANSW to send these out. This has also made it much easier to cover late requests for numbers before a race but ANSW have not encouraged this and have set an ABSOLUTE deadline for number allocation at FRIDAY LUNCHTIME. I got away with putting through numbers on the Saturday once this year but I think my "get out of jail free" card on this has now expired.

There have been changes with the 2009 registrations. To facilitate closer ties with Little Athletics, Athletics NSW has aligned the annual registration period with the Little Athletics Association NSW date of 1st October. To make this happen we now have an interim six month membership package that covers 1st of April to 30th September 2009. Following on from this we will have another round of registrations from September, which will then run from 1st October 2009 through to 30th September 2010. We anticipate more information in July 2009 regarding the dual/reciprocal registration with LAANSW so I will let everybody know as this comes through.

In 2008 we had

Seniors: 94
Juniors (under 18): 52
Senior officials (inc coaches): 11
Life members: 4
Club Associates: 12

Total: 173



Looking at the membership for April to September 2009 we have the following memberships. Undoubtedly this is influenced by the lack of summer memberships.

Seniors: 55

Juniors (under 20): 44

Senior officials (inc coaches): 11

Life members: 4

Club Associates: 11

Total: 125

One particularly encouraging aspect of this is the growing number of family subscriptions. This works out cheaply for the members and encompasses many of the principle aims of the club.

We are also extremely fortunate that our coaches keep on introducing talented juniors that will prove to be the bedrock for a bright future for the club.

Guy Griffin



TREASURER'S REPORT



The Club had a difficult year financially mostly but made a surplus for the year ended 31st March 2009 of \$1308 compared to a much bigger surplus of \$6495 last year. This surplus was achieved principally as a result of the \$5,461 received from the City of Botany Bay for the hiring of our ground equipment at Hensley Field to schools in the area.

The surplus for the year would have been much higher except for a decrease in the value of investments due to the global economic downturn.

A special 'thank you' to all those members who have assisted with the collection of money during the year, especially Norm Ellison and Ivan Curotta. Their assistance has made my position as treasurer so much easier.

Finally, I would like to thank our auditor, Bob Cartwright, who has again audited our financial statements. Bob is a life member of the Club and has been our Auditor for decades.

Peter Sandstrom

Treasurer

Note:

Peter Sandstrom "Sandy" has been club treasurer for 30 years. This year he handed over this position to Martine Considine. Peter has had enormous contribution in club matters and keeping financial side of the club in good order. Thank you Sandy.

Also Robert Cartwright has been club auditor for more then 40 years and we wish to acknowledge his diligent work.



RANDWICK BOTANY HARRIERS INC.

STATEMENT OF FINANCIAL POSITION

AS AT 31ST MARCH 2009

ASSETS	\$	\$
<u>CURRENT ASSETS</u>		
Cash at Bank		
- Commonwealth Bank		4954.08
Stock on Hand		
- uniforms	4833.00	<u>4833.00</u>
		9787.08
NON CURRENT ASSETS		
<u>Financial Assets</u>		
BT Lifetime Trust	8210.04	
Colonial First State	5140.27	
ING Business Optimiser	<u>26490.84</u>	39841.15
Equipment		
Ground Equipment		
- Pole vaults/Hurdle Trolley	7248.17	
Less Depreciation Reserve	<u>3214.17</u>	<u>4054.00</u>
TOTAL ASSETS		53682.23
<u>NET ASSETS</u>		53682.23
ACCUMULATED FUNDS		
Retained Surplus as at 1/4/08		52373.88
Plus :-		
Surplus for year ended 31 March 2009		<u>1308.35</u>
<u>TOTAL MEMBERS EQUITY</u>		<u>53682.23</u>



RANDWICK BOTANY HARRIERS INC.
STATEMENT OF FINANCIAL PERFORMANCE
FOR THE YEAR ENDED 31ST MARCH 2009

INCOME

Registrations		1174.00
Club Fees		3873.00
Race Fees		1058.00
Fun Run Proceeds		3421.00
Equipment Hire		5461.50
Grant from Athletics NSW		800.00
Raffle		499.00
Race Day Refreshments		68.70
Yarra Bay Fun Run – net proceeds		232.90
Refund from Rebel Sport for Uniforms		
- Actual Refund	6935.50	
- Estimated Refund	<u>5585.50</u>	1350.00
Assistance to Athletes		2600.00
Investment Interest		
- BT Lifetime Trust	611.19	
- Colonial First State	464.21	
- Ing Optimiser Account	<u>1112.38</u>	2187.78
Bank Interest		<u>31.95</u>
		22757.83

Less**EXPENDITURE**

Registration		2840.50
Assistance to Athletes		2330.00
Affiliation Fees		1088.00
Entry fees – State Championships (net)		1210.00
Trophies		491.61
ANSW dinner – net expense		1190.00
First Aid Renewal Fees and supplies		90.00
Postage		116.00
Loss on Sale of Uniforms		635.90
Write off Obsolete Uniform Stocks		2788.70
Insurance – Sporting Injury Fund		165.00
Depreciation		1738.00
Grant ex ANSW for apparel not utilised		700.00
Decrease in value of investments		3814.21
- BT Lifetime Trust	1892.72	
- Colonial First State	<u>1921.49</u>	
Bank Charges		163.80
Registration fees re Online Regn		274.02
Equipment costs		511.80
Loss on Trivia night (net)		205.89
General Expenses		<u>1096.05</u>
		21449.48

SURPLUS FOR THE YEAR **1308.35**



RANDWICK BOTANY HARRIERS INC.

BALANCE SHEET AS AT 31ST MARCH 2009

ASSETS

	TOTAL	DISTANCE	TRACK	GENERAL	D. CORISH
Cash at Bank	4954.08	0.00	0.00	4954.08	0.00
Cash on Hand	0.00	0.00	0.00	0.00	0.00
Athletic Equipment	4054.00	0.00	0.00	4054.00	0.00
Ground Equipment	0.00	0.00	0.00	0.00	0.00
Sundry Debtor	0.00	0.00	0.00	0.00	0.00
Uniforms, Medals & Badges	4833.00	0.00	0.00	4833.00	0.00
Investments, Bonds & Deposits	39841.15	0.00	0.00	39841.15	0.00
Computer Equipment	0.00	0.00	0.00	0.00	0.00
Canteen Stock	0.00	0.00	0.00	0.00	0.00
	<u>53682.23</u>	<u>0.00</u>	<u>0.00</u>	<u>53682.23</u>	<u>0.00</u>

LIABILITIES

	TOTAL	DISTANCE	TRACK	GENERAL	D. CORISH
Sundry Creditors	0.00	0.00	0.00	0.00	0.00
Excess of Assets over Liabilities	53682.23	0	0.00	53682.23	0.00
	<u>53682.23</u>	<u>0.0</u>	<u>0.00</u>	<u>53682.23</u>	<u>0.00</u>



RANDWICK BOTANY HARRIERS INC.

GENERAL TREASURER'S ACCOUNT

STATEMENT OF RECEIPTS & PAYMENTS

FOR THE YEAR ENDED 31ST MARCH 2009

Receipts

Balance @ 1 st April 2008	4241.58	Athletics – NSW Registration Fees	2840.50
B T Investment	611.19	Athletics NSW – Affiliation Fees	1088.00
Colonial First Statement	464.21	Athletics – State Relay Entry Fees	1210.00
Bank Interest	31.95	Uniforms	6235.90
Registration Fees	1174.00	Payment to Athletes	2330.00
Club Fees	3820.50	Equipment	2261.80
Race Fees	1058.00	ANSW Dinner	1540.00
Uniforms	3290.00	Sporting Insurance renewals	165.00
Fun Run Commissions	3421.00	First Aid Renewals	90.00
Donations	0.00	Trivia Night Expenses	451.09
Equipment Proceeds	5461.50	Bank Charges	163.80
ANSW Dinner	350.00	Dept Fair Trading	45.00
Sponsorships & Grants	800.00	Regn Fees re Online Registration	271.40
Raffle	499.00	Postage	116.00
Assistance for Athletes	2600.00	Sundry Expenses	1051.05
Refund from Rebel Sport	6935.50	Transfer to Ing Investment	10000.00
Race Day Refreshments	68.70		
Yarra Bay Fun Run – net proceeds	232.90	Trophies	491.61
Trivia Night proceeds	<u>245.20</u>	Balance @ 31 st March 2008	<u>4954.08</u>
	<u>35305.23</u>		<u>35305.23</u>

HONORARY TREASURER

P. Sandstrom

General Treasurer



**INDEPENDENT AUDIT REPORT TO THE MEMBERS OF
RANDWICK BOTANY HARRIERS INC.**

I have audited the financial statements of Randwick Botany Harriers Inc. in accordance with Australian Auditing Standards.

It is not practicable to establish effective control over transactions until their initial entry in the account records. The audit relating to these amounts was therefore limited to the amounts recorded as actually received.

In my opinion, subject to the above comment:

- a) The accounts of the Club are properly drawn up so as to give a true and fair view of the:
 - (i) state of affairs of the Club as at the end of the financial year ended 31st March 2009;
 - (ii) results of the Club for the period then ended.
- b) The accounts are in accordance with Statements of Accounting Concepts and Applicable Accounting Standards.

Dated this 20th of May 2009

Cartwright Brown & Company
Chartered Accountants

Robert Edwin Cartwright F.C.A.
Registered Company Auditor



TRACK AND FIELD REPORT



Season 2008/2009 was a very busy and successful for Randwick Botany Harriers. Jane Saville retired ending her 20 years long career that among other teams includes 4 Olympics and 6 World Championships. Jane's biggest achievement is bronze medal (20k walk) in Athens in 2004. She also won three gold medals at Commonwealth Games and was 11-time national champion. But she hasn't left the sport. On 1st March she organized "Yarra Bay Fun Run" which attracted more than 300 participants and was great community event.

Traditionally club's strength is middle and long distance running but this season we had some encouraging results in sprints. We featured very well in State relays especially in junior and veteran ranks. We also have new National U17 heptathlon champion – Rachael Hardy.

Jeremy Roff (pictured right) got selected for his first World Athletics Championships after posting several B qualifiers. On 14th June Jeremy had a breakthrough performance at IAAF Golden League meet in Berlin where he ran 1500m in 3:34.39 which is a new club and also NSW record (old record was also held by RBH runner Youcef Abdi).



Joshua Johnson (shown left) got selected into World Youth team in 3000m (that was his second national team after being selected into World Cross Country team).

Josh also rewrote club U18 records over 800m, 1500m and 3000m. He also claimed U20 800m record.

Harry Summers (pictured right) showed very promising results in long distance races, the highlight being his club 5000m U20 record (Harry also mad World Cross Country team and came fantastic 29th in Amman – second fastest Australian junior).





Selma Kajan (right) got selected for Commonwealth Youth Games (Pune, India) where she competed over 800m (eliminated in heats) and 4x400m (bronze medal). She also broke club's U20 800m record 3 times and claimed National Junior titles (U20) at both 800m and 1500m.



Lauren McKillop (left) had a very good season lowering her PBs over 3000m and 5000m, she also claimed silver medal at National Championships at 3000m.

(Lauren also narrowly missed selection into World Cross Country team).

Rachael Hardy (shown on the right in the middle) won National U17 title in heptathlon with 4388 points. Rachael is also very good long jumper and also helped club in sprint relays.



I would like to use this opportunity to thank club coaches Sean Williams, Ken Green and Peter Spehr who helped me with cross-country and road relay teams. Also, special thanks to sprint coaches Leo Hollestelle and Ann Saville for helping with State track and field relays. It is amazing what we can achieve when we all pull together.



**Randwick Botany Harriers Track and Field
Performance - Men
2008/2009 Season**

<i>Event</i>	<i>Wind</i>	<i>Name</i>	<i>Age</i>	<i>Place</i>	<i>Date</i>	<i>Venue</i>
60m						
7.07	NWI	Stuart Banbridge	19	1st	10/10/2008	Bankstown
7.08	-0.4	Stuart Banbridge	19	1st/H1	31/10/2008	ES Marks
7.24	NWI	Max Freeman	20	3rd	10/10/2008	Bankstown
7.25	NWI	Max Freeman	20	1st	20/12/2008	Bankstown
7.28	1.6	Max Freeman	20	6th	31/10/2008	ES Marks
7.31	0.5	Jesse Williams	16	1st/H1	31/10/2008	ES Marks
7.31	NWI	James Beaver	16	2nd	20/12/2008	Bankstown
7.31	NWI	Max Freeman	20	1st	20/12/2008	Bankstown
7.35	0.5	James Beaver	16	2nd/H1	31/10/2008	ES Marks
7.36	NWI	Max Freeman	20	2nd	20/12/2008	Bankstown
7.40	0.5	Dean Fahey	16	3rd/H1	31/10/2008	ES Marks
7.41	NWI	Josh Tassell	16	1st	10/10/2008	Bankstown
7.43	-0.2	Josh Tassell	16	2nd/H2	31/10/2008	ES Marks
7.45	NWI	James Beaver	16	6th	20/12/2008	Bankstown
7.70	NWI	Tokumbo Olabinri	46	1st	6/12/2008	Rotary
7.73	-0.2	Andrew Kenny	16	4th/H2	31/10/2008	ES Marks
7.80	NWI	Laughlan Little	13	3rd/H3	25/10/2008	Blacktown
8.11	NWI	Dean Taylor	45	5th	20/12/2008	Bankstown
8.21	NWI	Dean Taylor	45	5th	20/12/2008	Bankstown
8.23	-0.2	Cooper Rawnsley	14	8th/H2	31/10/2008	ES Marks
wind assisted						
9.48	2.2	David Morris	72	4th	28/03/2009	SOPAC
100m						
11.04	1.8	Jesse Williams	17	1st/B	14/03/2009	SOPAC
11.06	-0.8	Stuart Banbridge	19	1st/H1	8/11/2008	SOPAC
11.19	0.0	Stuart Banbridge	19	1st/H2	4/10/2008	Campbelltown



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11.25	-0.2	Stuart Banbridge	19	4th/H1	13/09/2008	SOPAC
11.25	-2.5	Stuart Banbridge	19	1st/H1	18/10/2008	Illawong
11.28	-0.3	Stuart Banbridge	19	3rd/H1	22/11/2008	SOPAC
11.32	-2.2	Max Freeman	20	2nd/H4	13/09/2008	SOPAC
11.34	-2.7	Josh Tassell	16	2nd/H1	13/12/2008	SOPAC
11.38	-1.1	Stuart Banbridge	19	1st/H1	1/11/2008	Bankstown
11.38	1.7	Jesse Williams	17	3rd/H1	10/01/2009	SOPAC
11.44	-2.7	Jesse Williams	16	3rd/H1	13/12/2008	SOPAC
11.47	1.7	James Beaver	17	4th/H1	10/01/2009	SOPAC
11.49	1.5	Max Freeman	20	8th/H1	13/09/2008	SOPAC
11.49	-1.2	Jesse Williams	16	1st/H2	8/11/2008	SOPAC
11.54	0.0	James Beaver	16	3rd/H1	22/11/2008	SOPAC
11.55	0.0	Jesse Williams	16	4th/H1	22/11/2008	SOPAC
11.60	-2.7	James Beaver	16	4th/H1	13/12/2008	SOPAC
11.60	0.0	Josh Tassell	16	6th/H1	22/11/2008	SOPAC
11.63	-1.2	James Beaver	16	1st/H4	8/11/2008	SOPAC
11.65	-3.1	Jesse Williams	17	5th/H3	7/03/2009	SOPAC
11.66	-2.9	Jesse Williams	17	3rd/H1	14/02/2009	SOPAC
11.68	-0.1	James Beaver	17	14th/A	21/02/2009	SOPAC
11.69	-1.1	Jesse Williams	16	5th	18/10/2008	Illawong
11.75	-4.5	Jesse Williams	17	4th	14/02/2009	SOPAC
11.75	0.7	Dean Fahey	16	1st/H2	13/09/2008	SOPAC
11.77	0.4	Damien Kelly	31	3rd	4/10/2008	Campbelltown
11.78	-1.5	Josh Tassell	16	3rd/H1	8/11/2008	SOPAC
11.79	-4.0	Max Freeman	20	4th/H1	17/01/2009	Campbelltown
11.83	-5.3	Jesse Williams	17	2nd/H3	17/01/2009	Campbelltown
11.99	-0.7	Jason Lincoln	37	1st/H1	22/11/2008	SOPAC
12.03	2.0	Kevin Hucker	17	2nd/H2	7/02/2009	SOPAC
12.13	-2.9	Dean Fahey	17	7th/H1	14/02/2009	SOPAC
12.15	-4.6	Shaun Edwards	21	3rd/H4	17/01/2009	Campbelltown
12.36	-1.2	Andrew Kenny	16	2nd/H3	13/12/2008	SOPAC
12.44	-0.7	Dean Taylor	45	3rd/H1	22/11/2008	SOPAC
12.45	-1.6	Laughlan Little	13	2nd/H3	22/11/2008	SOPAC
12.61	-1.2	Cooper Rawnsley	14	4th/H3	13/12/2008	SOPAC
12.61	-1.2	Andrew Kenny	16	4th/H4	8/11/2008	SOPAC
12.74	2.0	Dean Taylor	46	7th/H2	7/02/2009	SOPAC
12.81	-0.9	Dean Taylor	45	2nd/H1	1/11/2008	Bankstown
12.95	-2.6	Cooper Rawnsley	14	2nd/H5	8/11/2008	SOPAC
13.80	-4.1	Joseph Curran	12	6th/H2	1/11/2008	Narrabeen
15.44	1.1	David Morris	72	5th	28/03/2009	SOPAC
17.06	1.2	Ken Goldman	69	4th	28/03/2009	SOPAC
wind assisted						
11.14	3.4	Jesse Williams	17	2nd/H1	7/02/2009	SOPAC
11.34	2.1	Max Freeman	21	5th/H1	3/01/2009	Campbelltown
11.76	2.3	Dean Fahey	17	1st/H3	7/02/2009	SOPAC
11.91	2.4	Shaun Edwards	20	6th/H2	13/09/2008	SOPAC
12.56	2.3	Dean Taylor	46	7th/H3	31/01/2009	SOPAC



200m

21.90	-0.9	Jesse Williams	17	7th/H3	17/01/2009	Campbelltown
22.24	1.2	Jesse Williams	17	1st/H4	14/03/2009	SOPAC
22.39	0.6	Jesse Williams	16	1st/H1	13/12/2008	SOPAC
22.41	1.6	Jesse Williams	17	5th/H1	7/02/2009	SOPAC
22.45	NWI	Stuart Banbridge	19	2nd	10/10/2008	Bankstown
22.47	0.5	Stuart Banbridge	19	1st/H2	31/10/2008	ES Marks
22.51	-2.1	Stuart Banbridge	19	1st/H1	8/11/2008	SOPAC
22.51	2.0	Jesse Williams	17	7th	8/03/2009	SOPAC
22.52	1.2	Jesse Williams	17	7th/H3	10/01/2009	SOPAC
22.60	0.3	Jesse Williams	17	3rd/H3	8/03/2009	SOPAC
22.63	-0.1	Stuart Banbridge	19	2nd/H1	13/12/2008	SOPAC
22.91	-0.8	Jesse Williams	17	2nd/H1	15/02/2009	SOPAC
22.93	0.5	Jesse Williams	16	2nd/H1	8/11/2008	SOPAC
23.01	-1.0	Jesse Williams	17	4th	15/02/2009	SOPAC
23.02	0.0	James Beaver	16	1st/H2	8/11/2008	SOPAC
23.04	NWI	Josh Tassell	16	4th	10/10/2008	Bankstown
23.11	1.3	Josh Tassell	16	1st/H2	31/10/2008	ES Marks
23.19	1.3	Jesse Williams	16	2nd/H2	31/10/2008	ES Marks
23.27	1.7	James Beaver	16	4th/H1	13/09/2008	SOPAC
23.31	0.3	James Beaver	17	5th/H1	8/03/2009	SOPAC
23.45	1.3	James Beaver	16	3rd/H2	31/10/2008	ES Marks
23.48	0.6	James Beaver	16	4th/H1	13/12/2008	SOPAC
23.57	-0.8	Josh Tassell	17	5th/H1	15/02/2009	SOPAC
23.61	1.1	Morgan Duncan	21	1st/H2	17/01/2009	Campbelltown
23.62	NWI	Max Freeman	20	6th	10/10/2008	Bankstown
23.86	-2.3	James Beaver	17	10th/A	21/02/2009	SOPAC
23.98	1.3	Dean Fahey	16	4th/H2	31/10/2008	ES Marks
24.12	-1.1	Dean Fahey	17	7th/H2	15/02/2009	SOPAC
24.23	0.5	Dean Fahey	16	1st/H2	13/09/2008	SOPAC
24.66	-1.1	Tokumbo Olabinri	46	3rd/H5	13/12/2008	SOPAC
24.67	NWI	Laughlan Little	13	3rd/H3	10/10/2008	Bankstown
24.70	NWI	Tokumbo Olabinri	46	1st	6/12/2008	Rotary
24.91	0.1	Laughlan Little	13	2nd/H2	25/09/2008	SOPAC
25.35	0.9	Andrew Kenny	16	2nd/H1	31/10/2008	ES Marks
25.41	0.4	Laughlan Little	14	4th/H1	17/01/2009	Campbelltown
25.45	0.0	Andrew Kenny	16	2nd/H4	8/11/2008	SOPAC
25.52	0.5	Josh Tassell	16	6th/H1	8/11/2008	SOPAC
25.55	0.9	Cooper Rawnsley	14	3rd/H1	31/10/2008	ES Marks



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25.78	0.0	Cooper Rawnsley	14	4th/H4	8/11/2008	SOPAC
25.88	0.3	Dean Taylor	45	3rd/H1	13/12/2008	SOPAC
25.90	-0.3	Dean Taylor	45	7th/H1	8/11/2008	SOPAC
wind assisted						
22.79	3.0	Stuart Banbridge	19	2nd/H1	13/09/2008	SOPAC
22.82	3.1	James Beaver	17	2nd/H1	10/01/2009	SOPAC
23.00	2.8	James Beaver	16	4th/H1	25/09/2008	SOPAC
23.83	3.2	Dean Fahey	17	1st/H2	7/02/2009	SOPAC
24.30	3.2	Kevin Hucker	17	4th/H2	7/02/2009	SOPAC
400m						
51.24		Joshua Johnson	16	1st/H1	13/09/2008	SOPAC
52.19		Jesse Williams	16	1st/H1	1/11/2008	Bankstown
54.66		Josh Tassell	16	4th/H1	1/11/2008	Bankstown
56.57		Zachary Rea	15	7th/H1	13/09/2008	SOPAC
56.74		Laughlan Little	13	2nd	25/09/2008	SOPAC
60.34		Joseph Curran	12	6th	1/11/2008	Narrabeen
61.32		Seamus Kelly	27	4th/H2	31/01/2009	SOPAC
800m						
1.48.79		Jeremy Roff	25	3rd	21/02/2009	Melbourne
1.49.93		Jeremy Roff	25	3rd	20/02/2009	Melbourne
1.50.07		Bradley Woods	23	3rd/H1	14/03/2009	SOPAC
1.50.18		Jeremy Roff	26	2nd/H2	22/01/2009	SOPAC
1.50.55		Jeremy Roff	26	3rd	31/01/2009	SOPAC
1.50.81		Joshua Johnson	17	1st	20/02/2009	Canberra
1.51.13		Bradley Woods	23	4th	14/02/2009	SOPAC
1.51.75		Jeremy Roff	25	3rd	19/02/2009	Melbourne
1.52.81		Jeremy Roff	25	1st	31/10/2008	ES Marks
1.54.71		Joshua Johnson	17	6th/H1	31/01/2009	SOPAC
1.54.96		Bradley Woods	23	2nd/H3	13/02/2009	SOPAC
1.57.78		Joshua Johnson	16	1st	25/09/2008	SOPAC
1.58.61		Joshua Johnson	17	10th/H2	22/01/2009	SOPAC
2.02.43		Gary Howard	35	6th/H2	14/02/2009	SOPAC
2.03.07		Gary Howard	35	2nd/H2	31/01/2009	SOPAC
2.04.79		Zachary Rea	16	9th	14/03/2009	SOPAC
2.05.16		Zachary Rea	16	9th	14/02/2009	SOPAC
2.05.85		Zachary Rea	16	9th	7/03/2009	SOPAC
2.07.56		Zachary Rea	16	9th/H1	31/01/2009	SOPAC
2.07.88		Zachary Rea	15	1st/H1	25/09/2008	SOPAC
2.08.69		Michael Saunders	23	2nd/H3	31/10/2008	ES Marks
2.10.09		Zachary Rea	16	10th/H1	22/01/2009	SOPAC
2.11.68		Gary Howard	34	6th/H1	13/12/2008	SOPAC
2.15.23		Joseph Curran	12	1st	25/09/2008	SOPAC
2.17.59		Nathan Derriman	14	8th	31/10/2008	ES Marks
2.18.61		Seamus Kelly	27	3rd/H2	31/01/2009	SOPAC
2.23.99		Seamus Kelly	27	8th/H1	14/02/2009	SOPAC
2.28.10		Mark Kriedemann	14	9th	31/10/2008	ES Marks
2.32.82		Timothy Spehr	12	4th	10/10/2008	Bankstown



1500m

3.34.39	Jeremy Roff	26	8th	14/06/2009	Berlin
3.37.59	Jeremy Roff	26	4th	28/02/2009	SOPAC
3.37.62	Jeremy Roff	26	2nd	21/03/2009	Brisbane
3.40.49	Jeremy Roff	26	1st/A	7/02/2009	SOPAC
3.40.88	Jeremy Roff	26	2nd	5/03/2009	Melbourne
3.42.70	Bradley Woods	23	1st	21/02/2009	SOPAC
3.43.43	Jeremy Roff	26	1st	15/02/2009	SOPAC
3.43.67	Bradley Woods	23	8th	28/02/2009	SOPAC
3.44.30	Bradley Woods	23	7th	5/03/2009	Melbourne
3.45.02	Bradley Woods	23	2nd	15/02/2009	SOPAC
3.47.00	Jeffrey Hunt	27	4th	15/02/2009	SOPAC
3.48.59	Jeremy Roff	26	1st/H1	20/03/2009	Brisbane
3.49.53	Bradley Woods	23	1st/H3	14/02/2009	SOPAC
3.51.55	Joshua Johnson	17	5th/H1	14/02/2009	SOPAC
3.52.58	Jeremy Roff	26	1st/H2	14/02/2009	SOPAC
3.53.13	Jeffrey Hunt	27	2nd/H2	14/02/2009	SOPAC
3.56.92	Joshua Johnson	16	5th	27/11/2008	SOPAC
3.58.49	Joshua Johnson	16	3rd	26/09/2008	SOPAC
4.05.43	Joshua Johnson	16	3rd	13/09/2008	SOPAC
4.07.67	Sean Ryan	19	7th	8/03/2009	SOPAC
4.08.48	Zachary Rea	16	4th/B	21/02/2009	SOPAC
4.09.59	Zachary Rea	16	8th	8/03/2009	SOPAC
4.11.22	Nathan Sutherland	18	10th/H2	14/02/2009	SOPAC
4.11.40	Nathan Sutherland	18	10th	8/03/2009	SOPAC
4.12.66	Zachary Rea	15	3rd/H2	27/11/2008	SOPAC
4.13.41	Zachary Rea	15	1st	26/09/2008	SOPAC
4.14.35	Adam Laughlan	20	7th/H1	7/02/2009	SOPAC
4.16.46	Sean Ryan	19	11th/H3	14/02/2009	SOPAC
4.17.18	Sean Ryan	19	9th/H1	7/02/2009	SOPAC
4.18.72	Martin Considine	38	2nd/H2	7/02/2009	SOPAC
4.21.19	Anthony Ognjenovski	18	5th	26/09/2008	SOPAC
4.21.76	Zachary Rea	16	11th/H1	7/02/2009	SOPAC
4.28.46	Nathan Derriman	14	2nd	27/11/2008	SOPAC
4.29.36	Michael Saunders	23	12th	22/11/2008	SOPAC
4.40.91	Mark Kriedemann	14	4th	27/11/2008	SOPAC
4.41.11	Sam Gotlieb	13	9th	8/03/2009	SOPAC



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4.41.81	Sam Gotlieb	13	5th/C	21/02/2009	SOPAC
4.47.43	Zachary Rea	15	7th/H1	13/09/2008	SOPAC
4.48.26	Tim Spehr	12	1st	25/09/2008	SOPAC
4.49.55	Seamus Kelly	27	9th/H1	7/02/2009	SOPAC
4.50.78	Seamus Kelly	27	7th/C	21/02/2009	SOPAC
5.12.30	Sam Gotlieb	12	1st	13/09/2008	SOPAC
7.22.23	Ken Goldman	69	4th	28/03/2009	SOPAC

3000m

7.57.06	Jeremy Roff	25	1st/H6	8/11/2008	SOPAC
8.05.20	David Byrne	27	4th/H6	8/11/2008	SOPAC
8.06.42	Jeffrey Hunt	26	7th/H6	8/11/2008	SOPAC
8.18.78	Joshua Johnson	16	1st/H5	8/11/2008	SOPAC
8.35.16	Joshua Johnson	17	1st	17/01/2009	SOPAC
8.56.69	Zachary Rea	15	7th/H4	8/11/2008	SOPAC
9.01.24	Sean Ryan	19	8th	31/01/2009	SOPAC
9.03.98	Adam Laughlan	20	4th/B	31/01/2009	SOPAC
9.04.95	Sean Ryan	19	5th/H3	14/03/2009	SOPAC
9.05.59	Cain Partridge	19	13th/H4	8/11/2008	SOPAC
9.06.74	Nathan Sutherland	18	6th/B	31/01/2009	SOPAC
9.12.47	Jim Dawes	37	5th/H3	8/11/2008	SOPAC
9.22.43	Martin Considine	37	9th/H3	8/11/2008	SOPAC
9.28.96	Jim Dawes	38	13th/B	31/01/2009	SOPAC
9.31.30	Gary Howard	34	24th/H4	8/11/2008	SOPAC
9.32.82	Edward Ovadia	21	16th/H3	8/11/2008	SOPAC
9.34.69	Gary Howard	34	1st/H2	13/12/2008	SOPAC
9.40.94	Nathan Derriman	14	1st/H2	8/11/2008	SOPAC
9.42.31	Edward Ovadia	22	2nd/C	31/01/2009	SOPAC
10.01.73	Mark Kriedemann	14	7th/H2	8/11/2008	SOPAC
10.13.56	Tim Spehr	13	8th/C	31/01/2009	SOPAC
10.16.40	Jordan Williams	14	11th/H2	8/11/2008	SOPAC
10.37.82	Ken Green	49	11th/C	31/01/2009	SOPAC
10.39.59	Mohammed Alkhub	51	12th/C	31/01/2009	SOPAC



5000m

14.07.15	Jeffrey Hunt	27	2nd/H4	22/01/2009	SOPAC
14.10.40	Jeffrey Hunt	27	13th	5/03/2009	Melbourne
14.15.69	Harry Summers	18	9th	30/01/2009	Hobart



14.26.38		Harry Summers	19	7th/H4	22/01/2009	SOPAC
14.39.10		David Byrne	27	2nd/H1	31/10/2008	ES Marks
14.41.80		Harry Summers	18	3rd/H1	31/10/2008	ES Marks
15.16.31		Nicholas Cope	40	5th/H3	22/01/2009	SOPAC
15.56.12		Adam Laughlan	20	16th/H3	22/01/2009	SOPAC
16.09.47		Nathan Sutherland	18	4th/H2	22/01/2009	SOPAC
16.24.47		Dimitri Kontopos	39	6th/H2	22/01/2009	SOPAC
16.30.41		Jim Dawes	37	8th/H1	31/10/2008	ES Marks
16.33.55		Cain Partridge	19	9th/H1	31/10/2008	ES Marks
16.46.10		Gary Howard	35	9th/H2	22/01/2009	SOPAC
16.52.63		Gary Howard	34	13/H1	31/10/2008	ES Marks
16.58.27		Manu Sivaraj	45	2nd	28/03/2009	SOPAC
17.12.81		Anthony Ognjenovski	19	16th/H2	22/01/2009	SOPAC
17.38.07		Edward Ovidia	21	14th/H1	31/10/2008	ES Marks
17.57.43		Michael Saunders	23	2nd/H1	5/12/2008	Illawong
18.21.61		Tim Spehr	13	5th/H1	22/01/2009	SOPAC
18.46.12		Ken Green	49	9th/H1	22/01/2009	SOPAC
18.47.17		Mohammed Alkhub	51	10th/H1	22/01/2009	SOPAC
10000m						
29.50.46		Jeffrey Hunt	27	11th	11/12/2009	Melbourne
34.40.70		Jim Dawes	38	12th	13/02/2009	SOPAC
2000m Steeple						
6.40.41		Anthony Ognjenovski	17	1st	13/09/2008	SOPAC
6.45.92		Nathan Derriman	14	5th	26/09/2008	SOPAC
6.37.83		Anthony Ognjenovski	17	3rd	10/10/2008	Bankstown
6.58.63		Nathan Derriman	14	3rd	22/11/2008	SOPAC
7.13.51		Mark Kriedemann	14	4th	22/11/2008	SOPAC
3000m Steeple						
10.45.39		Edward Ovidia	22	1st	7/02/2009	SOPAC
Long Jump						
5.71	1.3	Laughlan Little	13	1st	25/09/2008	SOPAC
5.63	NWI	Laughlan Little	13	1st/H2	10/10/2008	Bankstown
5.53	NWI	Laughlan Little	13	3rd/H2	25/10/2008	Blacktown
5.93	NWI	Jesse Williams	16	10th	16/11/2008	Blacktown
5.84	NWI	Laughlan Little	13	14th	16/11/2008	Blacktown
5.64	NWI	Kevin Hucker	16	20th	16/11/2008	Blacktown
5.00	NWI	Josh Tussell	16	32th	16/11/2008	Blacktown
5.71	NWI	Laughlan Little	14	6th	17/01/2009	Campbelltown
3.43	NWI	David Morris	72	1st	28/03/2009	SOPAC
Triple Jump						
12.00	NWI	Laughlan Little	13	1st	25/09/2008	SOPAC
11.69	-1.6	Laughlan Little	13	5th	22/11/2008	SOPAC
12.99	3.3	Kevin Hucker	17	4th	7/02/2009	SOPAC
6.98	NWI	David Moris	72	1st	28/03/2009	SOPAC
Shot Put (5kg)						
13.36		Aiden Anderson	16	1st/U18	8/02/2009	Graystanes



8.41	Thomas Mullins	78	2nd	28/03/2009	SOPAC
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Discus (1.5kg)

45.47	Aiden Anderson	16	3rd/U18	8/02/2009	Graystanes
48.03	Aiden Anderson	16	4th	14/02/2009	SOPAC
46.62	Aiden Anderson	16	4th	21/02/2009	SOPAC
19.44	Thomas Mullins	78	4th	28/03/2009	SOPAC

Javelin

15.93	Ken Goldman	69	7th	28/03/2009	SOPAC
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1500m Walk

8.12.34	Robert Murphy	12	2nd	10/10/2008	Bankstown
8.10.34	Robert Murphy	12	2nd	31/10/2008	ES Marks



Marathon

2.47.36	Dimitri Kontopos	38	15th	21/09/2008	Blackmore
3.00.21	Mohammad Alkhub	50	12th	10/04/2009	Amman
3.18.48	Edward Ovidia	22	160th	21/09/2008	Blackmore
3.31.52	Mohammad Alkhub	50	4366th	2/11/2008	New York
4.34.30	Robert Mathews	26	1179th	21/09/2008	Blackmore

4x100

44.85	RBH "A"		3rd	1/11/2008	Bankstown
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**Randwick Botany Harriers Track and Field
Performance - Woman
2008/2009 Season**

<i>Event</i>	<i>Wind</i>	<i>Name</i>	<i>Age</i>	<i>Place</i>	<i>Date</i>	<i>Venue</i>
60m						
8.52	0	Anna White	17	7th	31/10/2008	ES Marks



100m

13.35	0.1	Anna White	17	2nd	13/09/2008	SOPAC
13.22	1.1	Loredana Brajkovic	17	2nd/H1	14/03/2009	SOPAC
13.49	-0.6	Anna White	17	10th	22/11/2008	SOPAC
13.56	1.8	Julie Forster	47	2nd	28/03/2009	SOPAC
13.58	-0.5	Rachael Hardy	16	1st/H3	17/01/2009	Campbelltown
13.67	-0.8	Loredana Brajkovic	17	6th/H1	7/03/2009	SOPAC
13.68	-1.5	Tory Groom	14	6th/H1	7/03/2009	SOPAC
13.74	-1.0	Loredana Brajkovic	17	6th/H1	17/01/2009	Campbelltown
13.77	0.0	Julie Forster	47	2nd/C	21/02/2009	SOPAC
14.10	NWI	Anna White	17	5th/h1	1/11/2008	Bankstown
15.94	-1.9	Susan Plummer	31	6th/H3	8/11/2008	SOPAC
wind assisted						
13.19	2.2	Loredana Brajkovic	17	3rd/H1	10/01/2009	SOPAC
13.85	2.2	Anna White	18	8th/H3	7/02/2009	SOPAC

200m

26.56	-0.6	Selma Kajan	18	6th/B	21/02/2009	SOPAC
26.57	1.4	Anna White	18	8th/H1	8/02/2009	SOPAC
26.93	1.2	Anna White	17	5th	25/09/2008	SOPAC
26.97	-0.9	Anna White	17	2nd/H2	8/11/2008	SOPAC
27.01	1.8	Lara Nicod	23	3rd/H1	31/10/2008	ES Marks
27.05	1.8	Loredana Brajkovic	17	3rd/H1	10/01/2009	SOPAC
27.05	1.9	Rachael Hardy	16	2nd	31/01/2009	Hobart
27.09	0.1	Anna White	17	2nd	13/09/2008	SOPAC
27.10	1.7	Anna White	17	5th/H1	31/10/2008	ES Marks
27.27	1.8	Lara Nicod	24	4th/H1	10/01/2009	SOPAC
27.55	0	Rachael Hardy	16	4th	3/01/2009	Campbelltown
27.66	0.3	Loredana Brajkovic	17	5th/H1	17/01/2009	Campbelltown
27.83	0.7	Loredana Brajkovic	17	3rd/H1	14/03/2009	SOPAC
27.90	0.4	Loredana Brajkovic	17	7th/H2	8/03/2009	SOPAC
28.32	-1.4	Julie Forster	48	2nd/C	21/02/2009	SOPAC
wind assisted						
27.99	2.6	Anna White	18	6th/H2	7/02/2009	SOPAC
28.20	2.5	Julie Forster	47	2nd	28/03/2009	SOPAC

300m



42.87	Lara Nicod	23	6th	20/12/2008	Bankstown
400m					
56.63	Selma Kajan	18	1st	8/02/2009	SOPAC
56.78	Selma Kajan	18	3rd/H1	31/01/2009	SOPAC
57.24	Selma Kajan	18	1st/A	21/02/2009	SOPAC
58.21	Lara Nicod	23	1st/H1	1/11/2008	Bankstown
58.31	Lara Nicod	24	4th/H1	31/01/2009	SOPAC
58.57	Selma Kajan	18	2nd/H1	8/02/2009	SOPAC
58.76	Lara Nicod	24	3rd/H2	10/01/2009	SOPAC
59.47	Anna White	17	1st	22/11/2008	SOPAC
59.55	Anna White	18	3rd/H2	8/02/2009	SOPAC
59.61	Anna White	17	4th	25/09/2008	SOPAC
60.40	Anna White	18	6th/H2	8/02/2009	SOPAC
60.52	Anna White	17	2nd	13/09/2008	SOPAC
60.68	Tory Groom	14	4th	7/03/2009	SOPAC
61.77	Anna White	17	4th	1/11/2008	Bankstown
61.88	Anna White	18	6th/H2	13/02/2009	SOPAC
62.17	Tory Groom	14	3rd/H2	7/03/2009	SOPAC
62.19	Tori Groom	13	5th/H1	1/11/2008	Narrabeen



800m					
2.05.19	Selma Kajan	18	1st	4/04/2009	Adelaide
2.05.85	Selma Kajan	18	4th	28/02/2009	SOPAC
2.06.12	Selma Kajan	18	1st	14/02/2009	SOPAC
2.06.29	Lara Nicod	24	2nd	13/06/2009	Namur, Belgium
2.06.72	Selma Kajan	18	2nd	13/03/2009	Christchurch
2.07.32	Selma Kajan	18	2nd/H3	20/03/2009	Brisbane
2.07.56	Selma Kajan	18	1st	7/03/2009	SOPAC
2.07.77	Selma Kajan	18	1st	7/02/2009	Brisbane
2.07.88	Lara Nicod	24	3rd	14/02/2009	SOPAC
2.07.91	Lara Nicod	24	6th	28/02/2009	SOPAC
2.07.94	Lara Nicod	24	2nd	31/01/2009	SOPAC
2.09.19	Selma Kajan	18	2nd/H3	21/03/2009	Brisbane
2.09.70	Lara Nicod	23	1st	31/10/2008	ES Marks
2.09.77	Lara Nicod	23	2nd	20/12/2008	Bankstown



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2.10.40	Lara Nicod	23	1st	8/11/2008	SOPAC
2.10.67	Lara Nicod	24	3rdd/H2	20/03/2009	Brisbane
2.10.82	Lara Nicod	24	4th/H2	22/01/2009	SOPAC
2.11.22	Lara Nicod	24	1st	3/01/2009	Campbelltown
2.11.76	Selma Kajan	17	1st	4/10/2008	Campbelltown
2.11.76	Selma Kajan	18	6th/H2	22/01/2009	SOPAC
2.14.04	Selma Kajan	18	1st/H1	3/04/2009	Adelaide
2.14.15	Selma Kajan	17	5th/H2	16/10/2008	Pune, India
2.15.22	Lara Nicod	24	1st/H2	13/02/2009	SOPAC
2.15.45	Selma Kajan	18	1st/H1	13/02/2009	SOPAC
2.18.83	Alexis McKillop	20	9th/H2	22/01/2009	SOPAC
2.18.99	Selma Kajan	17	1st	25/09/2008	SOPAC
2.22.35	Kristy Colman	18	6th	7/03/2009	SOPAC
2.22.90	Rachael Howard	16	2nd	31/01/2009	SOPAC
2.23.95	Rachael Howard	16	3rd/H1	22/01/2009	SOPAC
2.25.08	Amity Delaney	14	6th	7/03/2009	SOPAC
2.25.08	Rachael Howard	16	8th	7/03/2009	SOPAC
2.28.37	Amity Delany	13	11th	31/01/2009	SOPAC
2.29.86	Kristy Colman	18	8th/H1	22/01/2009	SOPAC
2.30.46	Samantha King	10	1st	25/09/2008	SOPAC
2.32.83	Tessa Herbert-Smith	15	7th	25/09/2008	SOPAC
2.33.14	Rachael Hardy	16	2nd	31/01/2009	Hobart
2.41.44	Rachael Hardy	16	3rd	3/01/2009	Campbelltown



1500m

4.24.64	Selma Kajan	18	1st	5/04/2009	Adelaide
4.28.73	Lara Nicod	24	3rd	15/02/2009	SOPAC
4.29.99	Alexis McKillop	19	2nd	27/11/2008	SOPAC
4.31.56	Selma Kajan	18	4th	15/02/2009	SOPAC
4.32.02	Lara Nicod	24	2nd	6/06/2009	Geneve, Switz.
4.33.47	Selma Kajan	18	1st	17/01/2009	Campbelltown
4.35.50	Selma Kajan	18	5th	10/01/2009	SOPAC
4.36.25	Lauren McKillop	18	4th	27/11/2008	SOPAC
4.42.21	Kristy Colman	17	6th	27/11/2008	SOPAC
4.50.53	Kristy Colman	18	3rd/A	21/02/2009	SOPAC
4.50.81	Kristy Colman	18	8th	15/02/2009	SOPAC
4.50.85	Kristy Colman	17	1st	25/09/2008	SOPAC
4.53.09	Rachael Howard	15	4th	27/11/2008	SOPAC



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4.53.40		Kristy Colman	17	3rd	13/09/2008	SOPAC
4.56.47		Vida Robinson	13	3rd	25/09/2008	SOPAC
4.58.38		Kristy Colman	17	3rd	18/10/2008	Illawong
4.59.55		Amity Delaney	14	3rd	8/03/2009	SOPAC
5.00.85		Kristy Colman	18	8th/A	7/02/2009	SOPAC
5.03.71		Tessa Herbert-Smith	15	5th	27/11/2008	SOPAC
5.05.27		Rachael Howard	15	4th	25/09/2008	SOPAC
5.05.34		Rachael Howard	16	1st/B	7/02/2009	SOPAC
5.05.59		Rachael Howard	16	2nd	8/03/2009	SOPAC
5.05.73		Amity Delaney	15	1st/H2	17/01/2009	Campbelltown
5.08.27		Rachael Howard	16	4th	15/02/2009	SOPAC
5.13.57		Amity Delaney	14	12th	26/09/2008	SOPAC
5.14.87		Fiona Cataldi	14	6th	27/11/2008	SOPAC
5.21.55		Amity Delaney	14	5th	1/11/2008	Narrabeen
3000m						
9.36.77		Lauren McKillop	19	1st	7/03/2009	SOPAC
9.40.99		Lauren McKillop	19	2nd	19/03/2009	SOPAC
9.51.87		Alexis McKillop	20	5th/H2	8/11/2008	SOPAC
9.58.14		Lauren McKillop	18	7th/H2	8/11/2008	SOPAC
10.00.44		Alexis McKillop	20	1st	31/01/2009	SOPAC
10.07.95		Kristy Colman	17	10th/H2	8/11/2008	SOPAC
10.07.99		Amy Neville	18	11th/H2	8/11/2008	SOPAC
10.08.05		Greta Truscott	30	12th/H2	8/11/2008	SOPAC
10.17.61		Kristy Colman	17	1st	26/09/2008	SOPAC
10.44.96		Tracey Robinson	27	18th/H2	8/11/2008	SOPAC
10.57.53		Rachael Howard	15	2nd	25/09/2008	SOPAC
10.58.63		Rachael Howard	15	14th/H1	8/11/2008	SOPAC
11.03.14		Amity Delaney	14	18th/H1	8/11/2008	SOPAC
11.24.15		Amity Delaney	14	14th	26/09/2008	SOPAC
5000m						
16.55.13		Lauren McKillop	19	5th	28/02/2009	SOPAC
17.15.27		Lauren McKillop	19	5th	22/01/2009	SOPAC
18.27.68		Greta Truscott	31	16th	22/01/2009	SOPAC
Marathon						
3.34.09		Adrienne Torda	43	250th	20/04/2009	Boston
3.50.17		Adrienne Torda	43	85th	21/09/2008	Blackmore
90m hurdles						
14.37	0.5	Rachael Hardy	15	6th	25/09/2008	SOPAC
100m hurdles (76.2)						
15.37	1.7	Rachael Hardy	16	2nd	3/01/2009	Campbelltown
15.41	-2.7	Rachael Hardy	16	1st	31/01/2009	Hobart



3000m Steeple

10.49.44		Alexis McKillop	20	1st	14/02/2009	SOPAC
11.14.92		Lauren McKillop	19	2nd	14/02/2009	SOPAC

5000m Walk

22.28.16	mix	Natalie Saville	31	1st	28/02/2009	SOPAC
22.55.56		Natalie Saville	31	4th	7/02/2009	Brisbane

20k Walk

1.36.45		Natalie Saville	31	5th	7/03/2009	Melbourne
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High Jump

1.60		Rachael Hardy	15	3rd	25/09/2008	SOPAC
1.62		Rachael Hardy	16	2nd	3/01/2009	Campbelltown
1.55		Latisha Touma	17	7th	14/02/2009	SOPAC
1.60		Rachael Hardy	16	1st	31/01/2009	Hobart

Long Jump

5.18	NWI	Rachael Hardy	16	2nd	3/01/2009	Campbelltown
5.08	NWI	Rachael Hardy	16	2nd	17/01/2009	Campbelltown
5.14	-0.1	Rachael Hardy	16	6th	7/03/2009	SOPAC
5.00	0.0	Rachael Hardy	16	3rd	31/01/2009	Hobart
4.96	0.0	Latisha Touma	17	6th	14/02/2009	SOPAC

Triple Jump

11.13	-0.1	Rachael Hardy	15	4th	25/09/2008	SOPAC
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Shot Put

9.19		Rachael Hardy	16	2nd	3/01/2009	Campbelltown
9.65		Rachael Hardy	16	2nd	31/01/2009	Hobart

Javelin

25.50		Rachael Hardy	16	4th	3/01/2009	Campbelltown
27.85		Rachael Hardy	16	3rd	31/01/2009	Hobart

Heptathlon

4253		Rachael Hardy	16	2nd	3/01/2009	Campbelltown
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Male Records

Note: All records as at 21 June 2009

100 m			
Senior	David Dworjanyn	10.47	1989
U20	Peter Gandy	10.3 h	1979
U18	Peter Gandy	10.3 h	1979
U16	Peter Gandy	11.0 h	1977
200 m			
Senior	Peter Gandy	20.66	1981
U20	David Dworjanyn	21.4 h	1987
U18	Stuart Miller Brad Rees	21.5 h 21.5 h	1979 1979
U16	Peter Singleton	22.6 h	1972
400 m			
Senior	Darren Clark	44.38	1988
U20	Darren Clark	44.75	1984
U18	Peter Singleton	49.2 h	1974
U16	Peter Gandy	50.5 h	1977
800 m			
Senior	Paul Gilbert	1:45.59	1984
U20	Joshua Johnson	1:50.82	2009
U18	Joshua Johnson	1:50.82	2009
U16	Joshua Johnson	1:58.59	2007
1500 m			
Senior	Jeremy Roff	3:34.39	2009
U20	Greg Dunford	3:51.4	1976
U18	Joshua Johnson	3:51.55	2009
U16	Joshua Johnson	4:02.28	2007
mile			
Senior	Youcef Abdi	3:56.23	2003
U20	Tim McGrath	4:18.5	2002
3000 m			
Senior	Youcef Abdi	7:54.31	2003
U20	Jeremy Roff	8:14.53	2002
U18	Joshua Johnson	8:18.78	2008
U16	Joshua Johnson	8:41.00	2007
5000 m			
Senior	Allan Lawrence	13.54.2	1957
U20	Harry Summers	14.15.69	2009
10000 m			
Senior	Allan Lawrence	28:53.6	1956
U20	Greg Dunford	30:01.2	1976



Half Marathon			
Senior	Nick Cope	65:54	2005
Marathon			
Senior	John Stanley	2:17:04	1983
110m Hurdles			
Senior	Warren Parr	13.88	1976
U20	Ken Elphick	14.3h	1969
U18	S. McIntyre	14.53	1988
U16 (100 m)	Ben Kirkby	13.43	1999
400m Hurdles			
Senior	Gary Knoke	49.3 h	1972
U20	Glenn McLaughlin	51.69	1981
U18 (84 cm)	David Misson	54.49	1983
U16 (200 m)	Clinton Sills	26.14	2005
3000m Steeple			
Senior	Youcef Abdi	8:21.98	2006
U20 (2000m, 91 cm)	Greg Dunford	5:38.6	1977
U18 (2000m, 91 cm)	Tim McGrath	6:40.3	1999
U16 (2000m, 76 cm)	Adam Laughlan-Bowlby	6:34.4	2004
Long Jump			
Senior	Murray Tolbert	7.91 m	1972
U20	Jim McCann	7.53 m	1958
U18	C. Jackson	6.98 m	1977
U16	C. Hardy	6.29 m	1989
Triple Jump			
Senior	Mick McGrath	16.56 m	1975
U20	Stuart Parr	14.54 m	1976
U18	C. Jackson	13.75 m	1977
U16	C. Hardy	13.48 m	1989
High Jump			
Senior	Larry Sayers	2.15 m	1976
U20	Larry Sayers	2.15 m	1976
U18	Larry Sayers	2.05 m	1974
U16	C. Hardy	1.95	1989
Pole Vault			
Senior	Phillip Carrero	4.20 m	1977
U20	Frank Chapman	3.80 m	1973
U18			
U16			
Shot Put			
Senior	Warwick Selvey	17.35 m	1962
U20	Greg Farmer	14.70 m	1974
U18			
U16	R. Salem	16.98 m	1992
Discus			
Senior	Wayne Martin	65.06 m	1979
U20	Peter Farmer	51.28 m	1970
U18	Greg Farmer	49.04 m	1970
U16	Greg Farmer	49.04 m	1970
Hammer			
Senior	Peter Farmer	75.90 m	1979
U20	Peter Farmer	65.96 m	1971
U18	Peter Farmer	55.16 m	1969
U16			



Javelin			
Senior	A. Tzannes	60.36 m	1991
U20	A. Tzannes	60.36 m	1991
U18 (700 g)	A. Tzannes	54.44 m	1990
U16 (700 g)	Ben Kirkby	53.30	1999
3000m Walk			
Senior	D. Cox	12:50.4	1975
U20			
U18			
U16			
5000m Walk			
Senior	B. Richardson	22:58.04	1991
U20			
U18			
U16			
10k Walk			
Senior	Ron Crawford	47:19.8	1957
U20			
U18			
U16			
20k Walk			
Senior	Ron Crawford	1:34:08	1964
U20			
U18			
U16			
50k Walk			
Senior	Ron Crawford	4:24:20	1964
U20			
U18			
U16			
Decathlon			
Senior	Geoff Jones	7165 pts.	1984
U20			
U18			
U16			

Female Records

100 m			
Senior	Michelle Dalrymple	11.94	2001
U20	Cathy Jeon	12.35	1987
U18	Tara Holt	12.52	2004
U16	Lisa Roberts	12.66	1997
200 m			
Senior	Michelle Dalrymple	24.02	2002
U20	Michelle Dalrymple	24.24	1997
U18	K. Wilson	25.51	1992
U16	Rebecca Irwin	25.78	1997



400 m			
Senior	Kaylene Coster	52.94	1984
U20	Rebecca Irwin	53.83	2002
U18	Rebecca Irwin	54.53	2000
U16	Rebecca Irwin	55.04	1998
800 m			
Senior	Kaylene Coster	2:00.2	1984
U20	Selma Kajan	2:05.19	2009
U18	Selma Kajan	2:07.27	2008
U16	Selma Kajan	2:09.75	2006
1500 m			
Senior	Elizabeth Rose (Miller)	4:17.1	1989
U20	Lara Tamsett	4:22.87	2006
U18	Claire Doyle	4:24.78	2007
U16	Claire Doyle	4:27.52	2006
mile			
Senior	Elizabeth Rose (Miller)	4:49.64	1989
3000 m			
Senior	Emily Bricachek	9:06.41	2006
U20	Emily Bricachek	9:06.41	2006
U18	Emily Bricachek	9:06.41	2006
U16	Claire Doyle	9:48.33	2006
5000 m			
Senior	Tiffany Levette	15:56.29	2005
U20	Lauren McKillop	16:55.13	2009
10000 m			
Senior	Tiffany Levette	33:39.57	2004
Half Marathon			
Senior	Janelle Burgmann	1:18:07	2002
Marathon			
Senior	Janelle Burgmann	2:43.46	2002
100m Hurdles			
Senior	Bianca Debartolo	14.24	2003
	Tara Holt	14.24	2006
U20	Bianca Debartolo	14.24	2003
	Tara Holt	14.24	2006
U18 (76 cm)	Tara Holt	13.56	2005
U16 (90 m H)	Tara Holt	12.78	2003
400m Hurdles			
Senior	E. Aisbett	62.26	1991
U20	E. Aisbett	62.26	1991
U18	E. Aisbett	62.26	1991
U16 (200 m)	Tara Holt	29.74	2003
2000m Steeple			
U20 (91 cm)	Alexis McKillop	6:53.08	2006
U18 (91 cm)	Alexis McKillop	6:53.08	2006
U16 (76 cm)	Georgina Pembroke	7:48.9	2004
3000m Steeple			
Senior	Rebecca Lowe	10:49.17	2006
U20	Rebecca Lowe	10:49.17	2006
U18	Alexis McKillop	11:29.64	2006



Long Jump			
Senior	Cathy Jeon	6.01 m	1988
U20	Cathy Jeon	6.01 m	1988
U18	Cathy Jeon	6.01 m	1988
U16	Bianca Debartolo	5.63 m	2000
Triple Jump			
Senior	K. Wilson	11.97 m	1990
U20	K. Wilson	11.97 m	1990
U18	K. Wilson	11.97 m	1990
U16	Bianca Debartolo	11.62 m	2000
High Jump			
Senior	J. Sweetnam	1.78 m	1978, 79, 80, 81
U20	L. Rutter	1.75 m	1983
U18	L. Rutter	1.75 m	1983
U16			
Pole Vault			
Senior	Jessie Driels	2.40 m	2008
U20	Jessie Driels	2.40 m	2008
U18	Jessie Driels	2.40 m	2008
U16			
Shot Put			
Senior	Bianca Debartolo	11.61 m	2005
U20	Bianca Debartolo	11.10 m	2004
U18	Bianca Debartolo	10.49 m	2002
U16	Rhiannon Rae	10.29 m	1998
Discus			
Senior	Rhiannon Rae	42.39 m	1998
U20	Rhiannon Rae	42.39 m	1998
U18	Rhiannon Rae	42.39 m	1998
U16	Rhiannon Rae	42.39 m	1998
Hammer			
Senior	Not claimed		
U20			
U18			
U16			
Javelin			
Senior	Bianca Debartolo	38.59 m	2002
U20	Bianca Debartolo	38.59 m	2002
U18	Bianca Debartolo	38.59 m	2002
U16	Bianca Debartolo	38.47	2000
3000m Walk			
Senior	Jane Saville	12:27.74	1993
U20	Jane Saville	12:27.74	1993
U18	Natalie Saville	12:36.21	1995
U16			
5000m Walk			
Senior	Jane Saville	21:32.26	1997
U20	Natalie Saville	21:44.60	1996
U18	Natalie Saville	22:11.33	1995
U16			



10k Walk			
Senior	Jane Saville	41:15	1999
U20			
U18			
U16			
20k Walk			
Senior	Jane Saville	1:27:44	2004
U20			
U18			
U16			
Heptathlon			
Senior	Cathy Jeon	5258 pts.	1987
U20	Cathy Jeon	5258 pts.	1987
U18	Cathy Jeon	5258 pts.	1987
U16	Bianca Debartolo	4664	2000

Vale Jean Norman



Jean Norman had a long history with both athletics and hockey. She started with the Randwick Kensington Women's AAC in the 1940's and was later a member of South Sydney Women's AAC. She held a number of positions with the NSW Women's Athletic Association. (She was a life member of that organisation). Prior to the amalgamation of the Men's and Women's Associations she joined Randwick-Botany Harriers and has been a member of R-B H since the early seventies. After the amalgamation in 1981 she joined the Board of ANSW and was in charge of interclub competition for many years. Jean also managed the Hensley Athletic Field for the best part of twenty years. In the early days she took the ground bookings, ran the canteen and looked after the ground equipment. Later on the ground bookings were handled by the City of Botany Bay.

Her contribution to athletics will be remembered by those who knew her.

May she rest in peace.

(courtesy of Ron Crawford)



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